## PrettyKeli Starts New Weight Loss Challenge To Help Women Lose Weight Fast

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Weight Loss Challenge PrettyKeli

Weight Loss Challenge – Want a fun Weight Loss Challenge that will help you lose weight fast and live a healthier lifestyle? Then this challenge is for you!

For Immediate Release

(Newswire.net -- January 27, 2013) Los Angeles, CA -- PrettyKeli the YouTube fitness sensation is starting her first Weight Loss Challenge of 2013! The

challenge is designed to help women lose weight in a fast yet healthy way and keep it off. She will give women the tools, tips, and tricks they need in order to lose weight and live a healthier lifestyle. Best of all it's free and she wants you to join her!

**Stopping Obesity** - Obesity in the United States has increased drastically from 1990 through 2010. America's obesity problem is due to lack of physical activity as well as poor eating habits. What's even worse, it's not going to get better. It is expected that two thirds of Americans will be obese within the next five years.

**PrettyKeli** - the owner of PrettyKeli.com, is on a mission to combat obesity by educating women on how to lose weight and live a healthier lifestyle. In this challenge she will take her viewers step by step to show them how to lose weight fast in a healthy way, and keep it off! Her viewers can interact with her any time of the day to ask questions, get advice, and share their progress.

(Newswire.net via Emailwire.com -- 26, January, 2012) Los Angeles, CA -- **New Weight Loss Challenge** "The Weight Loss Challenge will begin on January 28th 2013, and it is free to join. All you have to bring is a positive attitude and give 100%" says PrettyKeli " It won't be easy, but if you give your all, you will walk away with the tools you need to live a healthier lifestyle and you'll be one step closer to achieving your weight loss goals"

**Benefits** - The purpose of this weight loss challenge is to help women who have a hard time losing weight and getting in shape on their own. PrettyKeli has experienced what it's like to be overweight and not be able to find a weight loss method that works. Since then she has developed a program that has worked for her and numerous other women that have tried it. Now she wants to share it with the world.

**The Difference** - What makes this Weight Loss Challenge different from the rest is the support you receive from beginning to end. As well as having a person guide you who understands your struggles and genuinely wants to help you achieve your goals.

At http://www.prettykeli.com , PrettyKeli explains the weight loss challenge in detail and the rules you must follow in order to participate. Anyone who joins the challenge can interact with her through the site.