

# Green Coffee Bean Extract - 100% Guaranteed To Help Lose Weight!

David Mocerri February 04, 2013



**Green Coffee Bean Extract with GCA® combines the highest-quality green coffee bean extracts on the market today, guaranteeing you receive both the highest quality and quantity of chlorogenic acid everyday!**

For Immediate Release:

**(NewsWire.net -- February 8, 2013)** Ashland, OR -- Are you ready for warmer weather and spring fashions? Yes, it is hard to imagine it right


now, but spring and warmer weather are not that far away. Right now it's easy to bundle up in bulky layers and forget about it, but if you want to see a real change when you can't get away with that huge winter coat anymore, now is the time to get started.

In one study, participants taking green coffee extract lost an average of ten percent of their body weight in a 12 week trial. Green coffee extract is not magic. It won't make much weight disappear for people who take it but remain on the couch with their comfort food, but it can put some muscle into genuine weight loss efforts by boosting the metabolism and slowing the release of sugar into the bloodstream.

## How to Choose a Green Coffee Bean Extract

Consumers face no shortage of choices as they look for a good green coffee bean extract supplement to try. But those choices are not all equal. GCA is widely considered to be the best ingredient on the market because it is standardized to contain 50% chlorogenic acid, the active ingredient in green coffee beans.

NatureWise Green Coffee Bean Extract 800 with GCA offers 800 mg per capsule and includes no fillers, binders or artificial ingredients at all, making it a safe and trusted option. It's available through [Amazon.com](http://Amazon.com).

 Svetol® Green Coffee Bean Extract Ultra Pure™ with GCA®  
by NatureWise™

*All natural weight loss supplement*