

# Garcinia Cambogia Reviews By FDA And Dr. Oz

David Allison March 18, 2013



Garcinia Cambogia

**Weight loss products have been scrutinized by various regulatory agencies. Garcinia cambogia has not been overlooked. There were reports of liver damage and even death associated with its use. After looking into these reports they were found to have no merit and the supplement was declared to be safe.**

(Newswire.net -- March 18, 2013) Atlanta, GA -- The United States Food & Drug Administration reported earlier that they were looking into reports that Garcinia cambogia had been linked to possible damage to users' livers and even had a report of one death.

These reports were found by the FDA to be untrue. After numerous Garcinia cambogia reviews, the natural product has been given the "thumbs up" by the FDA and declared as a safe ingredient in weight loss products.

This supplement comes from southeast Asia and India. It is a melon-type fruit and has been used in various ways for centuries by local inhabitants.

Dr. Oz has been quoted "Garcinia cambogia might be the most exciting breakthrough in natural weight loss to date."

Recently Garcinia cambogia has been integrated into weight loss supplements. It has been shown to promote weight loss even without dieting or exercise. This supplement inhibits the uptake of fats.

Weight loss supplements that have come under scrutiny of the FDA in recent years and have found to be completely safe when taken as directed are:

- [Garcinia cambogia](#)
- Green Coffee Bean Extract
- Saffron X

It has been reported that over 5 billion doses of Garcinia cambogia have been sold throughout the entire world. Health care professionals and scientists have performed many [Garcinia cambogia reviews](#) with no proven reports of any adverse side effects having been reported by any users or by any health care professionals.

The [US-FDA](#) has been surrounded with controversy since its inception. Claims have been made that 100% safe ingredients have been maligned while dangerous drugs and ingredients are readily approved. The FDA has been accused by some to be closely aligned with big pharmaceutical companies, who appear to be threatened by supplement-producing companies.

To see more about Garcinia cambogia you can go to this website:

<http://goo.gl/upOLb>

For more information, you may contact us at:

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