

Green Coffee Bean Study Reports an Average of 17 lbs Lost in 22 Weeks

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Free Green Coffee Bean Trials Now Available

Participants in a weight loss study lost an average of 17.5 lbs. in 22 weeks when they used green coffee extract pills as a diet supplement.

(Newswire.net -- April 19, 2013) Los Angeles, CA -- A study presented to the American Chemical Society revealed striking weight loss results on participants that used green coffee bean extract.

Participants taking the full dose of the green coffee bean extract lost an average of 17.5 pounds in 22 weeks, and reduced their overall body weight by 10.5 percent. In other studies, results have shown that when dieters complement a reasonable diet with a full dose of pure green coffee bean extract for 12 weeks, there was a 10 percent loss in body weight, and a 16 percent loss in overall body fat without adding any additional exercise.

Coffee beans are normally roasted to 475 degrees, which gives them their famous full bodied aroma and flavor. When the coffee beans are left in their raw state and not roasted, they are a superfood called green coffee beans. The green coffee beans are considered a superfood, because in their raw state they have a high concentration of Chlorogenic acid. Studies have proven that Chlorogenic acid is a triple threat against weight gain by inhibiting fat absorption, stimulating the activation of fat metabolism in the liver, and slowing down the release of glucose into the blood – all factors that can aid in weight loss.

Green coffee beans are available as an extract in diet pill form, which is getting all kinds of media buzz on health shows, including Dr. Oz, as well as on the CNN network, Fox News, plus the Men's Health and Women's Health channels. These health experts and news networks are all talking about the weight loss benefits that people have been receiving when supplementing their diets with 100 percent natural green coffee bean extract. The green coffee beans are effective on all body types, plus they help burn fat without additional exercise.

With the green coffee beans being available as an extract in diet pill form, it is easy for people to receive the weight loss benefits even with a busy lifestyle. Just one [green coffee bean extract pill](#) in the morning to kick start the metabolism so it will burn up all that fat, and one green coffee bean extract pill in the evening to continue burning fat while sleeping.

For more information visit www.getgreencoffee.net/press or watch this video at <http://www.youtube.com/embed/mjfn1zJlQcl>