

# Pure Cambogia Extract HCA Diet Curbs Appetite And Belly Fat

Brandon Schoen August 11, 2013



Pure Cambogia Extract HCA

**Garcinia Cambogia studies reveal the numerous benefits, including appetite suppression and loss of abdominal fat. Elite Gold Solutions, a supplier of the product, is finding it difficult to keep the product in stock for long however is offering a 1 day sale where customers can save 20% during Sunday August 11, 2013.**

(Newswire.net -- August 11, 2013) St. Louis, MO -- New studies highlighting the benefits of **Pure Cambogia Extract HCA** reveal that the natural plant extract is more effective in helping people lose weight than originally thought. Safer than most weight

loss pills, Garcinia Cambogia has become incredibly popular in recent months due to the attention it is receiving by national and international media giants. Among the many benefits, some of the most exciting is the extract's ability to suppress appetite and specifically target and destroy abdominal fat.

According to Dr. Oz's official website, researchers claim that taking **Garcinia Cambogia Extract with HCA** can "double or triple one's weight loss." This is because HCA's ability to block fat by inhibiting citrate lyase, a crucial enzyme for the making fat in the body, as well as boosting serotonin levels, which help to increase mood and curb emotional eating.

Elite Gold Solutions, one of several retailers who carry **Pure Cambogia Extract**, is having a difficult time keeping up with the increasing demand. When their products are in stock, says a spokesperson for the company, they usually are gone within a 72-hour time span. Perhaps the product is becoming increasingly popular due to its high quality and the fact that it meets all of Dr. Oz's requirements: at least 50% HCA, Pure Garcinia Cambogia or GCE, active ingredient potassium, and no artificial fillers or ingredients.

As with any supplement a doctor should always be consulted before starting a new regimen. Furthermore it is important to make sure that the supplement, including Garcinia Cambogia, be taken in appropriate amounts. Doctors and experts specifically state that no more than 3000 mg of Garcinia Cambogia should be taken each day. It is also essential that a proper diet and exercise plan be used in conjunction with weight loss supplements in order to stay healthy and see results more quickly.

**For 24 hours only, during Sunday August 11, save 20% on each item when customers spend \$27.95 or more on Garcinia Cambogia offered by Elite Gold Solutions. Enter code GCEHCA20 at checkout (restrictions apply). Sale ends at midnight PST Sunday August 11, 2013.**

For more information about Garcinia Cambogia or to purchase go to <http://www.amazon.com/Pure-Garcinia-Cambogia-Extract-Clinically/dp/B00C103UCM/>

###

For more information, contact:

Media Contact: Elite Gold Solutions  
4801 Lang Ave Ne Suite 110  
Albuquerque, NM 87109 USA

1-877-770-4595?

info@elitegoldsolutions.com

Brandon Schoen - Project Manager?

Available on Amazon: <http://www.amazon.com/Pure-Garcinia-Cambogia-Extract-Clinically/dp/B00C103UCM/>

Facebook: ?<https://www.facebook.com/EliteGoldSolutions>

Blog: ?<http://elitegoldsolutions.com/what-is-garcinia-cambogia-how-does-it-work/>

*Author:*

*Google+ - [Brandon Schoen G+](#)*