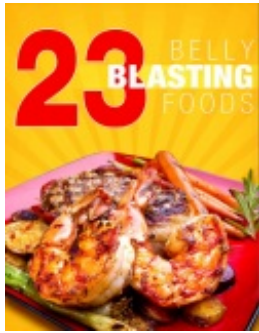


# Fat Burning Food for Weight Loss Video Leaked by Health Nutrition News

Nathan Edge October 10, 2013



Fat Burning Foods for Weight Loss

## A New Video Gives Viewers a Breakthrough Strategy That Grants Control over the Body's Number One Fat Burning Hormone

([Newswire.net](#) -- October 10, 2013) -- Boston, MA

Health Nutrition News has leaked a new video titled "Fat Burning Foods for Weight Loss" and in this video viewers are introduced to a breakthrough strategy that allows eating pizza and ice cream to accelerate weight loss. There are nutrients in these foods that are often unknown to consumers and being informed about their benefits can be very beneficial for people looking to lose

weight.

In fact, one of the secrets that is revealed is consuming one ingredient foods such as: chicken, broccoli, grass fed beef, or strawberries. This causes leptin sensitivity levels to return to normal. This is important because leptin is the most important hormone for weight loss. This hormone will make or break weight loss goals and helps eliminate weight loss plateaus.

Additionally, the video gives viewers discount pricing on supplements that can further assist with fat burning and leptin regulation. Leptiburn is one of the top fat burning supplements available and comes with a full money back guarantee.

Not only does this video provide a few suggestions for healthier eating choices but also gives access to the 23 Belly Blasting Foods. This video can be viewed by clicking [HERE](#). Other informative articles on weight loss, nutrition, and healthy lifestyle choices can be found at [HealthNutritionNews.org](#).

About: Health Nutrition News was launched in September 2013 as a way to relay the importance of health, nutrition, and fitness to its readers. Using relevant and upcoming wellness trends this website provides important news to guide its readers toward making healthier lifestyle choices. Its most recent featured articles is titled [The #1 Reason People Fail to Lose Weight](#)