

Omega Dessert Flavored Fish Oil Supplements Review

Rick Porter December 16, 2013



Mango Peach Flavor Omega Dessert

Health Nutrition News has unveiled an informative new web page and YouTube video review of BioTRUST's Omega Dessert Fish Oil Supplement. The website and YouTube video talk about the two flavors available and the health benefits they provide.

(Newswire.net -- December 16, 2013) Boston, MA -- In Health Nutrition News' latest short article and video the experts inspect a new fish oil supplement that pledges great taste with its' two flavors; lemon chiffon and mango peach. Omega-3 fatty acids (fish oil), in general, promote overall health, endurance, and wellness. BioTRUST's Omega Dessert, an all-natural product, uses pharmaceutical grade omega-3 fatty acids to guarantee the

body fully takes advantage of them.

The nutrition researchers at Health Nutrition News explore the amount of DHA and EPA, the vital nutrients that maintain healthy functionality of the brain, the eyes, and cardiovascular system. Each two teaspoon serving of Omega Dessert provides 6 grams of DHA and EPA combined, which is equivalent to twenty traditional pills every day. Additionally, this dietary supplement contains a fifty percent increase of DHA due to its increased fat-burning potential.

Furthermore both the video and the web page look at the flavors available and agree that both the lemon chiffon and mango peach taste great (HNN staff preferred the mango peach flavor slightly). It can also be quickly mixed into yogurt, smoothies, protein shakes, and oatmeal, and can even be used as a topping for fruit, sprouted grain French toast, or even ice cream. In addition to being all-natural, omega dessert is also non-GMO, gluten-free, soy-free, and dairy-free.

Those wishing to purchase Omega Dessert, or for more information, may [click here](#)

About: Health Nutrition News was launched in September 2013 as a way to relay the importance of health, nutrition, and fitness to its readers. Using relevant and upcoming wellness trends this website provides important news to guide its readers toward making healthier lifestyle choices. Its most recent featured news include: The [Omega Dessert Review](#) video and a recent video on how the [intermittent fasting diet](#) is fantastic for healthy and sustained weight loss.