

Burn Fat and Get In Shape For Summer With These Natural Weight Loss Supplements

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With bathing suit season right around the corner, Health News Wires recommends two natural fat-burning supplements to lose those last few pounds of stubborn belly fat.

(Newswire.net -- March 26, 2014) Boston, MA -- Summer is less than three months away, now is the time to lose extra weight with exercise and a proper diet. The natural weight loss and appetite suppressants recommended by Health News Wires may help you break through plateaus and achieve your weight loss goals.

Being overweight, even by a few pounds, increases the risk of several unwanted health conditions, including obesity, heart disease, diabetes and metabolic syndrome. Engaging in regular, high intensity exercise and eating a diet high in fiber, vegetables, nuts, seeds and lean protein will help lose weight and add fat burning muscles.

People may work hard, losing weight all winter, only to give up when they struggle to burn the last couple pounds of unwanted belly fat. Rather than quit in frustration, a natural weight loss and appetite suppressing supplement could be the key to burning the last couple pounds of fat.

Health News Wires is currently recommending two, all-natural supplements for summer weight loss, [NatureWise Garcinia Cambogia Extract Natural Appetite Suppressant and Weight Loss Supplement](#) and [NatureWise Green Coffee Bean Extract 800 with GCA Natural Weight Loss Supplement](#).

More information about these natural weight loss supplements can be found at www.healthnewswires.com/summer-weight-loss/.

For a limited time, Health News Wires is also offering The 30-Second Hormone Fix, a 31-page guide to improving the function of fat burning hormones in the body, for free. The complete eBook is available for immediate download at <http://healthnewswires.com/30-Second-Fat-Burning-Fix>.

About: HealthNewsWires.com is a new website that was launched in June of 2013 in order to educate the community in the importance of health and wellness.

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