

Civilized Caveman Introduces Tasty Desserts

Chris Ormiston, RLI May 14, 2014



Civilized Caveman Cooking

Civilized Caveman is the brain child of entrepreneur and Paleo chef George Bryant, bestselling author and blogger.

([Newswire.net](http://www.newswire.net) -- May 14, 2014) Huntington Beach, California --Now, Civilized Caveman is proud to introduce exciting dessert recipes that allow those who want to experience Paleo cooking and eating to indulge in tasty treats as well.

Many people believe that eating on the Paleo Diet means giving up starches and sweets. However, with new Paleo recipes found at <http://civilizedcavemancooking.com>, Paleo no longer means giving up all tasty treats. George Bryant, author of the wildly popular blog Civilized Caveman Cooking Creations offers recipes for Paleo bread at <http://civilizedcavemancooking.com/tag/paleo-bread/> as well as Paleo desserts at <http://civilizedcavemancooking.com/tag/paleo-dessert/>.

When it comes to eating the Paleo way, desserts are one thing that many people are afraid they will miss. With Civilized Caveman's dessert recipes, however, there is no need to deny that sweet tooth. Civilized Caveman offers Paleo dessert recipes including brownies, cakes, pies, cookies, muffins and other treats.

Civilized Caveman also offers a variety of recipes in other categories such as breads, entrees, Crock Pot meals, soups, condiments and even breakfast dishes. With the help of Civilized Caveman and the Paleo blog, no one ever has to do without delicious food while following a healthy Paleo diet. George Bryant lends his support and genius to making Paleo dieting easy and fun as well as tasty.

About Civilized Caveman: Civilized Caveman is a community of resources and support for the Paleo lifestyle. George Bryant, author of the popular blog Civilized Caveman Cooking Creations as well as Caveman Feast, an e-book with more than 200 Paleo recipes of all types. George Bryant is an

ardent Paleo enthusiast who used this eating method to shed his own unwanted pounds.

For More Information:

George Bryant

Civilized Caveman Cooking

16400 Pacific Coast Hwy. Suite 218

Huntington Beach, California 92649

(949) 494-0007

rebecca@swellmarketing.net

<http://civilizedcavemancooking.com/>

Source: <http://www.newswire.net/newsroom/pr/00082307-paleo-recipes-desserts-breads.html>