

Invisalign Technology Helps Adults Fix Smiles

Jeff Hopp June 19, 2014



Straighter Teeth With Invisalign

Many adults think that they've missed the boat when it comes to straightening their smile. Thanks to the advent of new technology such as Invisalign, adult orthodontics can get you the smile you've always wanted.

([Newswire.net](#) -- June 19, 2014) Castle Rock, Colorado -- Everyone always hears about tweens and teens getting braces to straighten their smiles, but what about adults? Are orthodontists just for kids? What if an adult wants a straighter smile as

a means of improving his or her appearance? I set out to learn more about the options adults have when it comes to fixing **crooked teeth**.

While many of the patients seen by dentists for orthodontic work haven't reached adulthood, adults can, and often do, get traditional **braces**. Unfortunately, they are not a very appealing option. Many adults are embarrassed by the appearance of traditional metal braces, and the frequent follow-up appointments needed do not fit well into many adult lifestyles. After speaking with Dr. Scott Brody of **Castle Rock Family Dental**, a provider of general, family and **cosmetic dentistry**, I was happy to learn about an effective alternative to traditional braces that is an ideal choice for adults - **Invisalign**.

"When adults come into my office looking to improve their smiles, I often recommend Invisalign," says Dr. Brody. **Invisalign** is a system for repositioning the teeth that relies on clear trays instead of metal brackets. The clear trays are virtually impossible to detect, making them a very popular choice among adults. The trays are also removable, allowing users to brush their teeth with ease. Because they need to be taken out when eating, patients are still free to enjoy the foods they love without the worry of breaking a bracket or having the food become stuck.

I was intrigued and wanted to learn more, and Dr. Brody was happy to explain. "Once I've determined that you're a good candidate for **Invisalign**, I will take molds and pictures of your teeth to send to Invisalign," he says. From these pictures, Invisalign creates a digital version of the patient's smile. Using state-of-the-art software, Dr. Brody works with Invisalign to create a perfect smile. Once the digital version is perfected, Invisalign manufacturers trays and ships them to Dr. Brody's office.

"Your trays will come in in about a week," says Brody. "Once they're here, I will make sure the first set fits properly and place a couple tooth colored brackets if necessary." He sends patients home with 2-3 sets of trays to make follow-up appointments as infrequent and convenient as possible. Trays need to be changed every two weeks. According to Dr. Brody, most patients require 10-20 trays, so **treatment takes less than a year**.

Invisalign is an excellent alternative to traditional braces for any adult who is looking for a **straighter smile**. Orthodontics isn't just for kids, and there is no reason to be embarrassed by your smile regardless of your age. To learn more about Invisalign or to schedule an appointment, contact Dr. Scott Brody of Castle Rock Family Dental today by calling 303-688-2229.

About Castle Rock Family Dental

Local family dentist, Dr. Brody of Castle Rock Family Dental offers an array of general dentistry and cosmetic dentistry services in his Castle Rock dental office, including TMJ/TMD treatment, dental implants, root canal therapy, sedation dentistry, sleep apnea treatment, and Invisalign. Get in touch to schedule your appointment online today!

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Source: <http://www.newswire.net/newsroom/pr/00083397-invisalign-adult-orthodontics-castle-rock.html>