

Calming Free Meditation Video Serene Lotus

Stephen Frost July 19, 2014



[SurgingLife Free Meditation Video](#)

New free meditation video from SurgingLife brings users the calm and peaceful, yet transformational energy of the blooming Lotus flower. This fresh relaxing video brings users further help in creating positive life change and joyful living.

(Newswire.net -- July 19, 2014) Osaka, Osaka-fu -- New free meditation video from SurgingLife.Com that embodies and brings the beautiful spiritual energy and calmness of a serene pink Lotus flower to users has now been released. This new relaxing video brings the serenity of a freshly blooming Lotus flower in gentle rain comfortably and conveniently to all users.

This very special video was filmed in the calm of a Lotus garden in Japan and carries with it the peaceful cleansing energy of the gentle rain during which it was filmed. It adds a further spiritual dimension to the various free meditation videos already available from SurgingLife, enabling users to relax and open their souls with ease in order to create greater joy and happiness within their lives.

The Lotus has long been a symbol of peace and tranquility, two of the energies which this special video flows to all users through both its visual and auditory aspects. The specially matched relaxing music that runs with this piece assists the user by carrying them into a deepening state of bliss. Within which they can enjoy the pure relaxation if they wish, or flow their soul to different heights by focusing on the Lotus flower and the symbolism it is filled with.

This wonderful free 10 minute meditation video titled “Serene Pink Lotus” brings a different level and type of inner peace and capacity for positive life change to those already experienced by users of SurgingLife. As such creating a greater depth of options and possibilities to all site users. The focus of this visually relaxing meditative piece brings deep and wonderful calm, whilst bringing an energised sense of life and living, with an increasing appreciation of nature and the wonder of the world in which we live.

The capacity for positive living in a relaxed and joyful state exists within everyone, regardless of what may have come before or been experienced recently. SurgingLife.Com has created this new piece, along with the various other meditative videos within its Brand, to help people access and make the best of that capacity with ease.

As well as symbolising peace and tranquility the blooming Lotus flower also symbolises change, opening up and the movement of the soul into a place of freedom. All of which are core to the purpose of SurgingLife and the assistance the brand helps people to develop and enjoy within their lives. All of which comes very neatly packaged together for users within this relaxing video, it carries a wonderful air of gentle life change to all within it.

The “Serene Pink Lotus” 10 minute meditation can be found with the other [meditation videos at SurgingLife.Com](#) and also with [a variety of meditation videos on the SurgingLife YouTube Channel](#) . The site wishes all users serene and positive life change, relaxation and stress relief through this and all other resources it offers.

About SurgingLife.Com

SurgingLife.Com brings aid for everyone seeking positive life change. For those who have been wondering what they

can do in order to realise a far more positive lifestyle and a good quality of life, this site is the place to get the help needed. Drawing from meditation, essential oils, ho'o pono pono and a wide variety of other things there is solid ground to make meaningful life changes.

SurgingLife.Com

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