

# Selfies Boost the Demand for Facelift & Facial Plastic Surgery in Northern Virginia

Rose Antonio August 08, 2014



facelift in northern virginia

**The new selfie trend will increase demand for facelift and facial plastic surgery influence on Cosmetic Surgery in Northern Virginia and all over the world**

([Newswire.net](#) -- August 8, 2014) Fairfax, VA – The new selfie trend has laid way to a huge increase in the desire for facial surgery according to a study done by the AAFPRS or the American Academy of Facial Plastic Surgery and Reconstructive Surgery. Every year the studies select a group of individuals to discover the latest trends in facial plastic surgery.

A recent study showed that 1 out of every 3 facial plastic surgeons who were surveyed and saw an increase in patient's needs to get facial surgery because they had become more aware of their looks due to social media. There was actually a thirteen percent climb in the AAFPRS members who were surveyed and identified to an increase in phot sharing on social sites and the reduction of patient's satisfaction with their own self-image.

With all of the picture sharing sites online now like Instagram and Snapchat, and Selfie on iPhone.im, have caused patients to become extremely critical of their own self-image, even more so than ever before. This is causing a serious issue as the world has moved online, and many new friends and partners are met through these social networks. Bullying on these social networks have shown an increase in plastic surgery as well with more 69% of teens getting plastic surgery because they have been bullied rather than that of to avoid bullying, 31%.

Because of social media and its effect on teens lives and there self-confidence we are seeing a huge factor behind an increasingly young age at which teens are seeking plastic surgery. In 2013 for example a group of surveyed surgeons reported a 58 percent climb in cosmetic surgery performed in patients under the age of 30.

In the modern world both sexes are ever more aware of the aging process, and attempting at every corner to turn the tides of time in their favor. The AAFPRS has found that 39% of members surveyed have reported a huge rise in the demand for non-invasive and non-surgical procedures to delay facial surgery. The ages at which men and women are seeking [facial plastic surgery procedures in northern virginia](#) such as liposuction, rhinoplasty, and chin implants as well as surgeries to reduce scars from acne.

The most important factor that patients are worried about is scars, recovery time, cost, and pain from the surgeries. This could be due to a competitive work area, to remain attractive, or simply to look good as they feel. Today's advances in anti-aging technologies are making it possible to reverse and delay the effects that time has on the body. Recovery times are now reduced and easier to deal with, the procedures are even now an even more viable maintenance option for both young men and young women. Botox has become the most popular of all cosmetic non-surgical or non-invasive procedures followed by hyaluronic acid peels.

With all these women still seem to be the most common and likely candidates for [facial plastic surgery in northern virginia](#) as they account for 81 percent of all surgical as well as non-surgical procedures in 2013 for example. It's been reported that mothers are the most common recipients, and make up almost two-thirds of women involved in procedures.

It's been found that men are more frequently getting procedures which reduce wrinkles and add to a full head of hair. Women, on the other hand, are more frequently getting eye lifts and more proportioned noses. Still among both sexes,

Botox is still the most common of procedures followed by transplants and rhinoplasty.

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