Turmeric Super Food Supplement Launched

Haroon Ballim September 17, 2014



Turmeric Health Benefits

Green Earth Science announces the launch of their new product, Pure Turmeric Curcumin C3 Complex. Described as a natural health wonder, turmeric is gaining widespread acclaim in the health industry.

Described as nature's health wonder, turmeric is gaining a growing fan base around the world. It is a herb which is used extensively in the east as a spice in food preparation.

Turmeric is a natural anti inflammatory and helps protect bones from rheumatoid arthritis and osteoarthritis. The minerals in turmeric increase bone strength and density. Consumption of turmeric results in numerous additional health benefits and has been widely used in India for centuries.

Sold mainly in powder form, turmeric can be sprinkled on food adding a rich colour to any dish. Nutritionists, however advise that to gain the maximum benefit one would need to consume turmeric in fairly large quantities. They advise that perhaps the best way to achieve this is by taking a turmeric supplement.

Green Earth Science, a company that operates primarily in the health and fitness sector have just announced the launch of their new turmeric supplement. They advise that the product is 100% natural, has no fillers or binders and contains no gelatin. Two servings or capsules will deliver the optimal daily dosage of 750mg. The product contains bioperine also known as black pepper which aids absorption into the body.

Besides its anti inflammatory properties, turmeric is also said to help regulate blood sugar levels. It aids in the reduction of bad cholesterol and plays an important role in heart health. **Turmeric** enhances the production of enzymes in the liver which help eliminate toxins and strengthens the body's immune system. Taking turmeric as a supplement is also said to promote healthy hair and skin, and improve oxygen flow in the bloodstream. These health benefits have resulted in turmeric being elevated to super food status.

With more focus being placed on healthy eating habits and the growing concern with the effects of mass production and genetically modified foods, more and more people are looking towards natural products to maintain and improve health. Nutritionists contend that our food contains an ever decreasing amounts of vitamins and minerals and that **supplementation** is the best and only way to obtain the required nutrition levels our body's need.

Green Earth Science are offering a special 20% discount on their product by using coupon code YHBYZKL3 . The Product is available on Amazon at http://www.amazon.com/gp/product/B00K5VGX8C

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Source: http://newswire.net/newsroom/pr/00085049-turmeric-health-benefits.html