

Announcing Leading Edge Looks Hair Care Tips For Fall

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Healthy Hair Growth by Leading Edge Looks

Leading Edge Looks, brand owner of the hair growth product, Healthy Hair Growth And Gain, announces tips to make the most of the season.

([Newswire.net](#) -- October 31, 2014) Breinigsville, PA -- Seasons changing are the times to make changes to a hair care regimen. Soft, shiny, supple, healthy hair can be enjoyed in all seasons.

It may be that summer conditions of too much sun exposure, heat, salt, chlorine, have affected hair and scalp, which means that hair may be dry, dull, and brittle resulting in breakage and scalp may be flaking. Fall weather and environmental conditions can have an adverse affect on hair and scalp, though cooler conditions generally have less adverse affects than hotter conditions. Autumn hair loss is common, so it's vital to improve the condition of the scalp and to nourish and strengthen hair. Leading Edge Looks, brand owner of Healthy Hair Growth And Gain dietary supplement, offers 7 Autumn [hair care tips for fall](#):

- (1) For longer styles, start with a trim to remove dry ends and split ends. Then schedule regular trims. To add moisture at the hair tips, maintain length, and prevent split ends, daily apply oil to the tips
- (2) Rainy, damp conditions can mean frizz. Styling products, such as root lifts and mousses, can help and are a better solution than hairspray. So choice of styling products and their holding power is a consideration in damp conditions. People with curly or wavy hair that straighten it using a hairdryer and/or straighteners, will know the affects of damp conditions. It is advised to accept and embrace the curl or wave, rather than straightening. Choose a low-maintenance hairstyle that requires minimal processing / styling.
- (3) As well as maintenance of the style, check styling products for ingredients that protect hair from environmental conditions and styling tools. Choose products that moisturize the hair and scalp, for example products that contain oils, like Jojoba, Argan, Coconut, can help a flaky scalp and smooth cuticles.
- (4) Remove summer build up from styling products, SPF products and leave-in conditioner. Get hair professionally clarified at a salon, or use a clarifying shampoo once a week in between the regular shampoo.
- (5) Add a deep conditioner to the hair care regime. After clarifying, restore moisture and elasticity lost from time in the sun, sea, or swimming pool, with a deep conditioning treatment. Wearing a plastic cap, or using a hair steamer, helps conditioner penetrate the hair.
- (6) Natural hair is lighter in the summer months and a bit darker during Fall and Winter. Dyed hair therefore can look better with a color update. Blondes benefit from caramel and/or golden hues. Brunettes benefit from natural looking highlights and lowlights.
- (7) Feed follicles. Nutrition is key to healthy hair. A quality dietary supplement, with amino acids and vitamins, including Biotin, to help to stimulate hair growth, can support a healthy balanced diet.

There's something to inspire the best in everyone. Inner health, outer beauty. Creating Wow! The online store has its own brand, Healthy Hair Growth And Gain, <http://www.amazon.com/dp/B00LGPSG86/> vitamins for hair growth, to promote faster growing, longer, thicker, stronger hair.

About Leading Edge Looks

Leading Edge Looks is an innovative health and beauty company. Health and beauty that delivers. Offering Quality Beauty Products and Health Products and Excellent Customer Service.

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