

BJJ Champion Igor Mocaiber Instructs at Toronto Top Team Martial Arts & Fitness

Robert Hermann November 18, 2014



Brazilian Jiu Jitsu Champion Igor Mocaibe

Toronto Top Team Martial Arts & Fitness gym is now the premiere Brazilian Jiu Jitsu, or BJJ training center in Toronto, with the instruction of world-renowned expert & current Brazilian Jiu Jitsu Champion, Igor Mocaiber.

([Newswire.net](#) -- November 18, 2014) -- Toronto, ON -- Toronto Top Team Martial Arts & Fitness gym in Scarborough is a full-service fitness and martial arts training center that features all types of training, including, boxing and kickboxing classes, MMA instruction and classes in

Muay Thai, Brazilian jiu jitsu and wrestling.

Now, the gym is proud to welcome BJJ master Igor Mocaiber as instructor. His expertise allows the Toronto Top Team gym to take its place as the premiere Brazilian jiu jitsu training center in Toronto.

Chief instructor Igor Mocaiber began his career in BJJ as the state champion in Sao Paulo in 2008. From there, he went on to take third place in the World Championship in 2009 and was declared state champion in Sao Paulo again in 2010. He also took third place in the Rio Open in 2012, the Rio Nogi Open in 2012, and was Brazilian champion in 2014. He currently holds the title of Brazilian Jiu Jitsu Champion and is respected for his knowledge and skill in this particular form of martial arts.

"I love Jiu Jitsu, I love teaching it, and most of all I live to compete; I couldn't imagine doing anything else with my life" said Mocaiber.

The Toronto Top Team Martial Arts & Fitness gym not only features the expertise of Igor Mocaiber but also experts in other forms of martial arts and fitness training, including former Olympic athletes & current MMA fighters. Those who are interested in trying out a new form of practice can take a free trial class by signing up at the gym as well as receive a free fitness evaluation.

There are also family plans and student plans available for those interested in long-term training. With a friendly, supportive environment and training by experts in their fields, this gym offers something for those at every level of fitness and expertise.

About Toronto Top Team Martial Arts & Fitness: Ainsley Robinson is the founder of Toronto's newest gym incorporating all types of martial arts and fitness training. As a former Olympic athlete and world award winner in wrestling and mixed martial arts, Robinson and his team have combined their skills and knowledge to provide top training in all areas of fitness and martial arts to those of all ages.

For More Information:

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