

# New Study Shows Fish Oil Could Reduce Epileptic Seizures

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Burpless Fish Oil by Optimal Health Labs

**With approximately 2.3 million adults and about 470,000 children in the United States suffering from epilepsy, a new study has indicated that a suitable dosage of fish oil supplements could reduce seizures.**

([Newswire.net](#) -- November 23, 2014) Las Vegas, NV -- Coinciding with this study, Optimal Health Labs, a company providing health and weight loss products, recently released its Optimal Omega-3 Burpless Fish Oil which could be among options for epileptic patients to minimize seizures.

The study, which was published in the *Journal of Neurology, Neurosurgery and Psychiatry* and was led by Prof. Christopher DeGiorgio of the Department of Neurology at the University California-Los Angeles (UCLA), indicated that the use of fish oils could be particularly useful to epilepsy sufferers who have stopped responding to medication. It also pointed out that lower dosages containing less than 2,160 mg of Omega-3 fatty acids (as low as 1,080 mg) showed more effectiveness than doses of that amount or higher. Results of the study conducted on 24 participants with epilepsy, who had stopped responding to antiepileptic drugs, showed that there was a 33.6% reduction in seizures for those on low dosage Omega-3 when compared to those on higher dosages.

“The primary finding is that low-dose fish oil was associated with a reduction in seizure frequency of 33.6% compared with placebo. Though the size of the trial will require confirmation, the magnitude of the effect on seizure frequency is similar to many randomized trials of antiepileptic drugs,” said DeGiorgio and his team researchers.

[Optimal Health Labs' burpless fish oil pills](#) contain a total of 1,400 mg of Omega-3 in every 2 gram serving, a dosage which fits in with the lower dosage guidelines posited by the study. Additionally, each soft gel has an enteric coating which assists with absorption while preventing the fishy aftertaste commonly associated with fish oil supplements. In maintaining a high quality product, its manufacturers formulated each bottle of [the burpless fish oil soft gels](#) using a molecular distillation purification process which removes toxins found in fish and fish products, including Mercury and PCB.

In addition to possibly being effective in treating epilepsy, the burpless fish oil has also been clinically shown to provide joint, heart, skin and cognitive health support. People wishing to derive these among various other health benefits can gain access to the product on Amazon. Each purchase comes with a three month supply and a 90-day money back guarantee.

Optimal Health Labs- Fish Oil Pills is now offering all new customers with a \$5 off in its order at Amazon.com with coupon code - 56A4HYJC -just visit the link below:

[http://www.amazon.com/Burpless-Improves-Health-Fishy-Aftertaste/dp/B00J0LUQUE/ref=sr\\_1\\_22?ie=UTF8&qid=1414595242&sr=8-22&keywords=burpless+fish+oil](http://www.amazon.com/Burpless-Improves-Health-Fishy-Aftertaste/dp/B00J0LUQUE/ref=sr_1_22?ie=UTF8&qid=1414595242&sr=8-22&keywords=burpless+fish+oil)

**About Optimal Health Labs**

At Optimal Health Labs we strongly believe in providing our customers with premium quality health and weight loss products at the best possible prices. In order to achieve our goal our products are manufactured in the USA using only the best quality ingredients and following strict GMP (Good Manufacturing Practices). Once made our products are kept in optimal condition by being stored in well ventilated and air conditioned warehouses. We always strive to provide efficient and hassle free ordering, fast delivery and the highest levels of customer service.

## **Optimal Health Labs**

*187 E Warm Springs Road Suite B159*

*Las Vegas, NV United States 89119*

702-623-0994

[info@optimalhealthlabs.com](mailto:info@optimalhealthlabs.com)

<http://optimalhealthlabs.com/>

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