

Reported Health Benefits of Coconut Oil Supported By Dr. Oz

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CKLBrands™ coconut oil capsules (credit: cklbrands.com)

With videos and articles which challenge the previous conventional thought that coconut oil is an unhealthy saturated fat, Dr. Mehmet Oz, outlined why a daily intake of coconut oil capsules and cooking with the oil is beneficial.

(Newswire.net -- December 23, 2014) Albuquerque, NM -- Long thought of as a saturated fat which clogged up the arteries, coconut oil has rebounded in recent times to become a highly sought after and reported beneficial oil to the human body. In fact, popular

medical professional, Dr. Oz, is among many that have supported the use of raw, unprocessed coconut oil and coconut oil capsules in helping to maintain good health.

At the same time, a number of coconut oil supplements have appeared on the market as more arguments are made in support of its use. CKLBrands Virgin Coconut Oil Supplement is among them and has been coming up for a bevy of positive comments on giant shopping portal, Amazon, where it is sold exclusively. "I suffer from joint pain and have arthritis in my right shoulder. Since taking these coconut oil capsules, I am not in pain as much. I used to be able to let people know if it was going to rain the next day. Now, I have to watch the news for the weather," said Nichole Garzone, a verified Amazon reviewer.

With videos and articles which challenge the previous conventional thought that coconut oil is an unhealthy saturated fat, Dr. Oz, whose full name is Mehmet Oz, outlined why a [daily intake of coconut oil capsules and cooking with the oil is beneficial](#). Among the many health benefits he has said are provided by coconut oil, include boosting the immune system, aiding in weight loss, regulating cholesterol levels and boosting energy. He also sought to dispel the idea that coconut oil was bad for humans. "Coconut oil has a bad rap because it's saturated, because it's hard at room temperature. But the scientific research on this is changing all that we know about coconut oil," he said.

CKLBrands' Virgin Coconut Oil Dietary Supplement has been passed as a fully organic product by Quality Assurance International and is certified chemical and solvent free. Each coconut oil capsule contains essential fatty acids which are behind the numerous health benefits purported.

With Dr. Oz's recommendations being considered credible, people have been investing in coconut oil supplements for various purposes. CKLBrands' coconut oil capsules are among those being considered. They are currently sold with a full money back guarantee.

Avail of CKLBRANDS Coconut Oil Capsules - \$2 OFF for every purchase on Amazon.com with coupon code - D392HNIL:

http://www.amazon.com/gp/product/B00DCIUZG6/?ref=sr_1_10?ie=UTF8&qid=1408588270&sr=8-%2010&keywords=coconut+oil+capsules

About CKLBRANDS, LLC

CLKBRANDS is a leading supplier of virgin coconut oil in the USA. They are focused on providing health supplements that cater to health conscious individuals. The company sells dietary supplements that have proven to be of high quality. CLKBRANDS is also known for its customer-centric marketing campaign.

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