

Studies Show Coconut Oil Supplements Burn Fat

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Coconut oil capsules from CKLBrands (credit: iclipart.com)

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([Newswire.net](#) -- December 24, 2014) Albuquerque, NM -- According to a study published in the *Journal of Nutrition*, medium chain fatty acids (MCFAs) such as those found in pure, unrefined coconut oil, not only increase energy but also help to promote healthy weight

loss. At the same time, a coconut oil dietary supplement has been released by CKLBrands, made from pure, virgin coconut oil packed with MCFAs.

With coconut oil once thought of as being unhealthy, due to its saturated fats, the study in question and numerous others have played a big part in reviving interest in the oil from the popular plant of the same name. In fact, newer studies have shown it to be even more effective in reducing weight than many other weight loss products available on the market. As a result, [supplements such as the coconut oil capsules from CKLBrands](#) have been gaining in popularity.

So far, a number of Amazon shoppers have been posting positive reviews accompanied by five star ratings, denoting satisfaction with the product. "I have enjoyed my energy levels since taking this coconut capsules. I don't feel tired and sluggish like I did before taking them. I have even lost a few pounds, and can tell a difference in the way my clothes are fitting," said Lori Hudson, a verified Amazon user.

In addition to helping people lose weight, coconut oil capsules and coconut oil have been linked to a number of other health benefits. These include boosting the immune system, improving digestion and even guarding against Alzheimer's disease. The coconut oil dietary supplement from CKLBrands is also said to provide these benefits and many others.

Additionally, many customers have given the product to their dogs, reporting positive results. "I purchased this product as part of a health care regime for my 9 year old English Bulldog. I am completely satisfied with this product," said D. Odorn.

CKLBrands' Virgin Coconut Oil Supplement consists of 120 soft gels, which work out to be a 30-day supply. The coconut oil capsules have been certified organic by the USDA and also certified to be chemical and solvent free. Persons who may want to try them for weight loss purposes, can find the product on Amazon. All purchases are backed by a money back guarantee.

Avail of CKLBRANDS Coconut Oil Capsules - \$2 OFF for every purchase on Amazon.com with coupon code - D392HNIL:

http://www.amazon.com/gp/product/B00DCIUZG6/?ref=sr_1_10?ie=UTF8&qid=1408588270&sr=8-%2010&keywords=coconut+oil+capsules

About CKLBRANDS, LLC

CLKBRANDS is a leading supplier of virgin coconut oil in the USA. They are focused on providing health supplements that cater to health conscious individuals. The company sells dietary supplements that have proven to be of high quality. CLKBRANDS is also known for its customer-centric marketing campaign.

CKLBRANDS, LLC

6528 Desert Spirit Rd NW

Albuquerque, NM United States 87114

505-280-6111

laskarmarketing@gmail.com

<http://cklbrands.com/>

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