

Upcoming Spiritual Retreat in Sedona to Showcase Intuitive Healing

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Free download of spiritual wellness book

Author, Speaker and Intuitive Counselor, Dr. Dolores Fazzino to unveil her transformational “7 Keys to Spiritual Wellness” program at an Experiential Retreat in Sedona, Arizona, January 23 - 24, 2015.

(Newswire.net -- January 2, 2015) -- She worked under the revolutionary Dr. Bernie Seigel, an international expert and surgeon in the field of cancer

treatment and complementary, holistic medicine. She was the first to successfully introduce nurse practitioners and physician’s assistants to assist surgeons in San Diego County at Scripps Memorial Hospitals (Encinitas, La Jolla and Mercy), Tri City Medical Center and Palomar Medical Center —now an accepted practice nationwide.

And now, for the first time, **these breakthrough practices will soon be made public via a transformational two-day event.** Dr. Dolores Fazzino, Author, Intuitive Counselor and a leader in the field of Spirituality and Wellness, will bring her groundbreaking “7 Keys to Spiritual Wellness” program to Sedona, AZ, Saturday and Sunday, January 23 – 24, 2015.

For two full days, the author of “Spiritual Wellness for Life” will lead participants through the 7 Keys to Spiritual Wellness. This powerful, yet personal, exploration is a proven vehicle to create a personal blueprint for being at peace in all areas of life.

This experiential retreat will not only offer relaxation and rejuvenation at the beautiful Sedona Rouge Hotel and Spa. The event will also provide participants easy to implement new tools and resources for creating their own happiness and serenity in 2015 and beyond.

What attendees will experience at this upcoming event:

- How to become the best “**YOU**” possible—no matter how many obstacles present themselves
- The real secret to creating happiness from the inside out
- How to finally achieve more balance, serenity and joy
- The hidden factors to lasting spiritual wellness for life
- And more!

“I wanted to offer this in-depth opportunity for a small group – it’s limited to 40 – to get a more personal experience to explore the blocks that may be holding them back from true joy and how to break through them,” said Dr. Fazzino.

The conference offers daily yoga and meditation as well as a VIP dinner, a “One-on-One” Healing Session with Dr. Fazzino, and admission to a Saturday evening Healing Circle Meditation. The 2-Day Event Pass is \$497 and VIP Pass is \$997. For more information or registration go to: <http://www.spiritualwellnessforlife.com/events>

For a sample on what to expect at the event, a no-cost informative action guide, “Seven Keys to Spiritual Wellness” is available for immediate download at <http://www.spiritualwellnessforlife.com>

Special discount room rates at the resort of only \$153 per night are available. The event is expected to sellout due to Dr. Fazzino's well-documented expertise and past track record.

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ABOUT:

Dr. Dolores Fazzino (Doctor of Nursing Practice) is a distinguished pioneer in the field of medicine and healing, bridging the world of spirituality and wellness. In more 35 years of nursing experience, she has assisted in approximately 8000 surgeries, bringing her intuitive healing gifts into the O.R to the benefit of patients and the surgeons alike.

Dolores has worked in the specialties of neurosurgery, orthopedics, urology and gynecology using minimally invasive and robotic techniques. Her company, *Prepare Me 4 Surgery* provided enhanced preparations to patients prior to surgery, employing complementary and alternative therapies. Today, such preparation is now commonly accepted as an adjunct to traditional surgery preparation.

Fazzino trained at the prestigious Yale New Haven Hospital and Children's Hospital, Philadelphia. She earned a Doctor of Nursing Practice degree in 2008 from Case Western Reserve University, one of the top nursing programs in the nation.

She is an international author and speaker, master energy healer and intuitive counselor. Her first book, "*Spiritual Wellness for Life*" (2013), is a powerful book that shares stories of the unseen with many beautiful messages of hope, inspiration, and action steps on how to have more spiritual wellness in your life.

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