

Courtyard At Jamestown Assisted Living Discusses Independent and Assisted Living

Tyler Collins August 11, 2015



Courtyard at Jamestown Assisted Living

Courtyard At Jamestown Assisted Living experts discuss the differences and options in independent and assisted living.

(Newswire.net -- August 11, 2015) Provo, UT --According to the experts at Courtyard At Jamestown Assisted Living, the differences between independent and assisted living can be subtle. "There is not one point where a person can be considered to live independently or with

assistance," notes Adam Benton. "Instead, there is a progression from completely independent to completely dependent, and our facility addresses the area in between." Residents often need help with specific activities but are able to take care of their own needs in other areas. Ideally, a facility will offer options for both assisted activities and those that residents can complete independently.

As seen at <http://www.courtyardassistedliving.com/independent-assisted-living/>, the facility provides the level of help seniors need with routine daily activities. For those who need more assistance, more services are available, but those who are more independent can save money by choosing only those activities with which they need help. The facility's caring and compassionate staff provide assistance with medication management, showering, dressing, mobility, restroom use and laundry.

Courtyard At Jamestown Assisted Living apartment homes have a base rental that includes three meals per day and 24-hour emergency response service as well as maintenance, housekeeping, utilities, scheduled transportation and activities. Residents pay only for the assisted living services they need rather than for a bundled plan. This helps adults who are more independent save money by not paying for services they will not use. For more information, see the website.

About Courtyard at Jamestown Assisted Living: Courtyard At Jamestown Assisted Living is a family-owned and operated organization that focuses on caring for those who want to maintain independent living but need assistance in various daily tasks. The group also offers options for memory care and other living situations in a compassionate, caring atmosphere.

For More Information:

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