

# Renaissance Talks Hormone Balance at Women's Expo

Paul Petite October 12, 2015



**40/29 Women's Living Expo attendees discovered proven method to eliminate belly fat with help from Renaissance Health & Wellness.**

(Newswire.net -- October 12, 2015) Fort Smith, AR --Renaissance Health & Wellness educated women on the benefits of hormone balance and weight loss at the 40/29 Women's Living Expo at the Fort Smith Convention Center. Renaissance was one of 200 exhibitors at the event that drew over 4,000 attendees.

"This was a fantastic opportunity to let area women know that we are on the forefront of wellness and new weight loss techniques that truly work," said Paul Petite, Vice President of Sales and Marketing at Renaissance Health & Wellness.

Renaissance takes a unique approach to losing weight and eliminating belly fat – the most stubborn fat to rid of.

"Stress and hormone imbalance also play a vital role," said Lorriedawn Robinson, Renaissance Certified Wellness Instructor. "I had the chance to tell many women that hormone balance can distort the midsection and prevent weight loss even when dieting and exercising."

Wellness at Renaissance offers participants an exclusive membership to medical staff and resources that guide patients through every step of their weight loss journey. The program starts with a complete wellness evaluation, thyroid and hormone panel as well as metabolic testing and a food sensitivity report.

"The combination of these tests tell us which foods patients should avoid and how we can balance their hormones for optimal belly fat loss." said Robinson.

Women's expo attendees also had the opportunity to register for an upcoming Renaissance presentation on how to eliminate belly fat. The free dinner talk takes place at 7pm on Tuesday, October 20 at the Executive Hotel at City Center (formerly Holiday Inn) in Fort Smith. Those interested can still register at [www.renihealth.com](http://www.renihealth.com) or call 479.434.4941.

## About Renaissance Health & Wellness

Renaissance Health and Wellness operates pain specialty clinics in six locations: Fort Smith, Little Rock and Rogers, AR; Tulsa and Edmond, OK and Dallas, TX. Services include, client-focused neuropathy and osteoarthritis care, joint pain, migraine treatment, medical pain management, aesthetic services and family medicine for all ages. The Renaissance team is committed to continuous research and development of advanced treatments as a method of wellness and pain free solutions — ultimately helping patients minimize or completely transition away from medications. To find out more about Renaissance Health & Wellness visit [www.renihealth.com](http://www.renihealth.com).

## Renaissance Health & Wellness

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