Migraines Can Be Maddening

Migraine medicine. What is a migraine headache? Does medication for migraines even make sense? Is there such a thing as a migraine cure? Learn more here.

(Newswire.net -- November 29, 2015) Darien, CT -- Do the holidays pose as a source of a headache to you? As we wrap up Thanksgiving and head into the Christmas season there are some who are left suffering with a different type of headaches. The biggest of all headaches - the migraine headache.

If you watch any television at all you are barraged by ads touting the benefits of certain migraine headache medications. The ads are effective they lead you to believe that they have a cure for migraine headaches. Have you ever read the fine print? I had extra time this morning so I decided to read the disclaimer and boy was I surprised. One of the top selling drugs clearly stated that it was not a cure for migraine headaches? Really, why would you want to take a pill that does not solve the problem? Some people actually get headaches from the medication. Is that crazy or is the medication really helping anyone at all? If you would like to read the details click here. You can learn all about it. I think you will be amazed at what the ads do not tell you in 30 seconds.

There are some valuable treatments that do not get the attention that large drug companies can conjure up. I would like to point to the fact that low level laser therapy in treating migraine headaches has no side effects. That's right no side effects. You are harnessing the power of light to allow for stimulation of mitochondria within the cells. The increased energy it affords the cell allows for the inhibition of pain signals. Big Pharma cannot charge you for this effective low cost treatment.

After learning about the treatment I decided to test it out myself and I was amazed. This may sound self serving but when you come across as many people as I do that suffer from headaches it was cause for joy. If you have headaches and are tired of taking pill after pill and still getting the headache I urge you to do you own research. You can learn more here.

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