

5 Best Appliances to Prepare Your Workplace for Seasonal Changes

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([Newsire.net](#) -- May 13, 2017) -- Every time a new season approaches, our level of productivity tends to be affected. This is so because different seasons affect the way we work and, sometimes, our mood.

Imagine having to [drive through the heavy snow](#) of winter or having to cope with the freaking cold weather while you perform your duties at work. Again, imagine the effect of working in the intense summer heat.

These conditions reduce workplace productivity and impact negatively on your year-round performance. But you don't have to go through these unfavourable conditions at all. You need to plan ahead as each season approaches so as to enjoy a more comfortable working environment.

Here are 5 must-have appliances that should be in your workplace. Since they all have their peculiar functionalities, you won't have cause to worry again as they help to eliminate any horrible working experience.

Air conditioner

Temperature could be very intense during the summer periods and extremely low during the winter. In some climes, [temperature could rise up to 45°C](#) or fall to as low as -6°C degrees. Obviously, both conditions are extreme.

During the summer, people suffer a lot from diseases like sunburn, heat stroke, prickly heat, food poisoning, and diarrhoea. On the other hand, diseases such as common cold, bronchiolitis, influenza, croup, pneumonia, and strep throat among others during the cold weather.

A good way to overcome diseases like these is having a [highly functional air conditioning system](#). This will help you regulate the room temperature irrespective of the temperature outside.

Here, an electric heater with no temperature regulator will be inappropriate as it will only serve a single purpose. Get an air conditioner with a thermostat that you can easily manipulate.

Heaters and dispensers

People don't normally take more of cold drinks during the cold weather. There are no ice cubes in drinks and the refrigerators are less used. Instead, water heaters or dispensers are often in high demand. Again, this is the season for coffee and tea dispensers.

A few of these appliances should be placed at strategic points in the office where employees can have easy access. Although, sweaters and jackets will shield you from the extremely cold weather, taking a hot drink during the day is also a complement.

Refrigerators

These are good electronic appliances to have during the summer periods. Having refrigerators in the office helps a lot since you'd always have access to cold drinks. This typically works to reduce your thirst during a sunny day at work.

Again, you'd be able to drink more water when the drink is a bit cold. This is a good way to [rehydrate your body](#) against the effects of sweat.

Air purifier and ventilation exhaust

Although, these appliances look similar, merely looking at their names, they both serve different purposes. While the ventilation exhaust performs the function of internal and external exchange of air, as well as the circulation of air within a building, the air purifier typically [removes contaminants](#) from the air in a room.

Both appliances can be used in the office at the same time especially when the atmosphere is windy or when the room is stuffy.

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