

How to Dispose of Blood and Body Fluids - What to Know

Featured Articles November 20, 2018



Essentially, make sure you are very careful when removing the blood and body fluids, you don't want to accidentally harm yourself.

This article will give you what you need to know about how to dispose of blood and body fluids, to make sure your cleanup is doing right.

([NewsWire.net](#) -- November 20, 2018) -- Are you wondering how to dispose of blood and body fluids? First, begin with treating the surface with an approved disinfectant, such as bleach. Although, keep in mind surfaces differ, therefore disinfectants vary among materials. Items such as bed-sheets should be rinsed with cold water, further machine-washing with hot water separately. This article will show you how to properly dispose of blood and body fluids.

How to Dispose of Blood and Body Fluids

Disposal of Certain Infected Items

In scenarios where cleaning the mattresses, carpets or other similar items doesn't help, you must resort to [disposing of such items](#) covered in blood or bodily fluids. For example, if a mattress seems to be highly saturated with blood, the portions of the mattress that are clearly contaminated can be sent to the trash. Whereas, contaminated parts of other items around the scene, must be transported and disposed of separately along with other bio-hazardous waste.

Disposing the Personal Protective Equipment

Once the cleaning is done, it's time to dispose of all the personal protective equipment using plastic bags. Put the gloves, goggles or gown inside the bag and seal it, further placing it into another bag and sealing it again. Add a [biohazard label](#) on the bag and take the assistance of the local health department for the disposal.

Clean Reusable Equipment and Sanitize the Trauma Scene

Use disinfectants to decontaminate all reusable equipment, including buckets, tongs, brooms and dustpans for 10 minutes, further scrubbing them and washing with water. Experts suggest for a final sanitation of the scene, using high quality medical sanitizing solutions make sure all the viruses and bacteria associated with blood and bodily fluids are eliminated.

Lastly, one must wash their hands and arms with a disinfectant soap and warm water, further going for some disinfectant wipes for extra safety.

Make sure to follow the steps above on how to dispose of blood and body fluids correctly. Essentially, make sure you are very careful when removing the blood and body fluids. If the person is [tweaking](#) you don't want to accidentally harm yourself.

Source: <http://newsWire.net/newsroom/blog-post/00105876-how-to-dispose-of-blood-and-body-fluids-what-to-know.html>