

Elements of a Successful Marriage - What to Know

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([Newswire.net](#) -- May 15, 2019) -- Having a successful marriage takes a lot of dedication and sacrifice. It goes without saying that there are some absolutely essential elements of any successful relationship but there are also some that are less common. Here are a few elements of a successful marriage, a few of which you may never have considered.

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Tolerance For One Another

Being together plenty of the time requires married couples to tolerate each other to a higher level. Couples often feel like escaping from each other, especially when they're together almost round the clock, but the trick is to avoid letting any emotions or resentments build up. Whenever you get annoyed or upset with each other, be sure to express your displeasure, talk about it, resolve it and move on.

Willingness to Bear It All

Letting go of your modesty requires you to go a little beyond [being transparent](#). Even married couples that have been together for ages may have some trouble being exposed in potentially embarrassing situations. Establishing trust is crucial for a person to completely bare themselves to another.

Work Together as a Team

Marriage requires a great deal of teamwork to be successful. Couples typically have various parts to play in the relationship so part of working as a team involves playing your part to get things done and avoid conflicts. Similarly, married couples need to work together toward a common goal.

Live in The Present

This involves accepting the fact that you can't go back to the way things were when you first met and realizing that you have something more meaningful and special. Feelings of infatuation are great, but even more special is the peace and security you feel when you're with someone with whom you share a long history.

Be Prepared to Make Compromises

Marriage, as in all kinds of relationships, is all about compromises. You can't have your way every single time. Most times, simply talking about things and the issues at hand can help you come to some sort of mutually acceptable solution.

Complement Each Other's Strengths and Weaknesses

We all have our strengths and weaknesses. As a married couple, you should help each other by recognizing and [complementing each other's strengths and weaknesses](#).

Have a Sense of Humor

Don't take life so seriously. You can't afford to take yourself or each other so seriously either. There's no harm in cracking a few jokes here and there, enjoying some good conversation and some laughs.

Don't Give Up

Many couples these days give up early and just get divorced. Of course, there are instances when that's the right course of action. But if you really want something to work out, you must be willing to fight for it.

Support and Comfort One Another During Tough Times

Marriage is like an adventure - a journey. Whenever your loved one is going through a tough time, offer your help and support and show them how much you **honor them**.

Bottom Line

Though marriage, like any relationship, can have its hurdles, these elements of a successful marriage can help you to grow and nurture a long-lasting relationship.



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