CEOSpace: The Peaceful Women a No Lecture Retreat

Melanie Hansen March 23, 2010

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CEOSpace: Women are powerful! No this no chauvinistic feeling but a fact, a fact which most women knows and believes but do not really tap it. There may be many reasons for this. We are so caught up in our daily life, playing a balancing act between our family and professional life that we lose contact with “ourselves”.

There is so much more to us women than just femininity or sacrifice. We are not just “living” in this vibrant and colorful world but are actually a part of it and it is this connection that has been lost somewhere in the battle of life. The good news is we can win it over again and that too with only a few steps or efforts from our side. As we connect to our inner self and explore our inner beauty, we will be able to sniff out better opportunities, see more creative solutions, feel a sense of pride as we clear through our obstacles gleefully, learn to listen to our gut feelings and trust out intuitions. All this is bound to lead us on the path of success which we can taste with whole heartedness.

While all this may sound very nice yet far fetched, it isn’t really impossible to achieve, what we need is a guiding hand, a mentor who can walk with us and show us the right path. Our inner self is not actually lost, but is misguided within us and a little help from a external source will help us know ourselves better. One such source of inspiration, guiding hand and mentor is The Peaceful Woman retreats. They offer various products, passages and coaching all in the bosom of nature that will help us reveal our true inner self. Most such programs are always based on lectures and seminars by experts, but what most fail to understand is, to rekindle our inner self you need to awaken all your senses and not just the sense of hearing.

The passages and coaching of The Peaceful Woman are so designed that you do not confine yourself within four walls and allow only your hearing sense to do the work for you, while your mind is probably wandering away to your next meeting or your children’s studies. Instead you are out in the open in the lap of Mother Nature, awakening all your vital senses of touch, hear, see, smell and taste. As you do so you will be able to identify and express your purpose of living, unleash your true potential in personal life and career and live a passionate life.

There are various other benefits to such awakening. It helps you tap and understand the “yes” and “no” of your body and take correct decisions every time. It helps you attain a desired state at your will, in other words you are in total control of your “self”. As you awaken your senses you stimulate the creative genius in you which will keep your brain healthy and fit (and not to forget inspired!).

In today’s health conscious world, emphasis is laid on the importance of physical activity and the benefits of a healthy, active and toned body. However the probability of a super-active fit body jelling with a tired and burned out brain is anybody’s guess. We need to exercise our grey matter too! The first question that would arise is “we are already overworking our brain”, but the fact is this is not true. We think, we plan, we decide and we do everything else but inspire, stimulate or just let it free. This can be termed as neuro-plasicity or the power of our brain to adapt and as time passes and we become busy with our daily schedules and troubles, we suppress our brain’s adaptability making it more robotic or pre=programmed. Exercising your brain will help you revive your spontaneity, something that you probably felt when you first picked up your paintbrush in your childhood or at your first job.

Brain exercises sharpens your learning skills, helps improve your focus view with clarity, increase your mental energy level (which is directly related to your memory) and enrich sensory awareness and thereby improve quality of

live. The Peaceful Women - a no lecture retreat lays emphasis on such values that encourages peacefulness, fulfillment, integrity, joy and bliss, and awakens a few lost virtues like forgiveness, personal vision and purpose. Their courses help you appreciate nature’s beauty in its true sense, become socially responsible individuals.

CEO Space, Inc., founded by Berny Dohrmann, a best-selling author, radio show host and economic visionary. CEOSpace, boasts an innovative model for fostering cooperation instead of competition among business leaders, providing five annual trade shows for their lifetime members where the focus is on resolving issues through consultation and concentration on mutual interests. At any one of CEO Space's week long retreats, members have access to a host of experts from all over the world who will share their experience and their business savvy in the spirit of confidentiality and mentoring. Members can attend seminars with titles like Mentor Mixing, Brain Tithing, Super Niche Marketing and Time Management. CEO Space is often used as an exceptional employee reward plan, and tax deductible group tuition encourages companies to send their best and brightest to get a "software upgrade in business leadership."

CEO Space designs their retreats to make the most of a busy executive's valuable time, and divides meetings into ninety minute intervals so members can still 'run the empire' while participating in the workshops and seminars. CEO Space's trade shows run from Tuesday morning through Sunday noon. Members are encouraged to bring their families and a teen entrepreneur and study aide program is offered concurrently with the adult programs. CEO Space also has university affiliated curriculum for senior management with 350 corporate trainers and major law firms on faculty. CEO Space claims endorsements by the following well-known experts in corporate training: Anthony Robbins, motivational speaker and author of "Awaken The Giant Within;" Jack Canfield and Mark Victor Hansen, co-creators of the bestselling series "Chicken Soup for the Soul;" Bob Proctor, who was featured in "The Secret" and wrote "The Science of Getting Rich;" Lisa Nichols, CEO of Motivating the Teen Spirit and author of "No Matter What" and was also featured in "The Secret;" Dr. Jeff Magee of "Performance Magazine;" Jill Lublin, a professional self-promotion expert; Jane Whilhite, co-founder of PSI World; Dr. John Gray, bestselling author of "Men are from Mars, Women are from Venus;" Ron Zeller, creator and co-presenter of "Winning The Second Half;" T. Harv Eker, bestselling author of "Secrets of the Millionaire Mind;" and Rick Frishman, founder of Planned Television Arts.