Is bullying about skin color or perspective?

Colleges and universities across the nation are having problems with racism. Sit-ins, walk outs, and demonstrations are changing the way higher education is doing business.

(Newswire.net -- January 27, 2016) Lehi, Utah -- The protests, sit-ins, walk outs, and bullying that is going on all over college campuses is not about skin color. http://www.latimes.com/local/education/la-me-college-race-20151117-story.html It's about the perspective of separateness.

The idea that, “I am separate from you because you look different from me.”

Protestors are using skin color as an excuse to be bullies. There is a small number of students demanding changes to colleges and universities all over the nation. http://www.nytimes.com/2015/11/19/nyregion/princeton-students-hold-sit-in-on-racial-injustice.html?_r=1

Why do professors need to have a certain skin tone to teach? Shouldn’t they be the best and most knowledgeable at what they do? When you’re ready to learn something it doesn’t matter the color of skin your professor has. You can learn from anyone at any time if you are open to it.

A reasonable voice is needed in this time of crisis. A voice that can put into perspective what is going on. If someone calls you a name you don’t like, you can choose to ignore it. You can choose to go on about your business and make a very happy life for yourself.

The power lies in the beliefs you have about yourself not what others say about you. You can never be bullied if you don’t let others bully you. You decide how you will react to what is said to you or about you. You decide your course of action.

Wherever you find yourself right now; happy or sad, angry or joyful, hurt and discouraged or strong of mind, is the result of your perspective to what is happening around you. If you don’t like what is happening, change where you are.

You can change your world with the power of your thoughts. Whatever you focus on you create more of. If you see all the hate and unrest, you create more hate and unrest. President Obama said he wanted to bring the country together. “There is not a liberal America and a conservative America. There is a United States of America. There is not a black America and a white America, a Latino America, an Asian America, there is a United States of America.” -- Obama addressing the Democratic national convention in 2004. However, during his presidency the country has become more divided.

When a person’s race is mentioned in conjunction with their actions, it divides. When a person’s skin color is mentioned in conjunction with their name, it divides. When you use race as a negative discriminator, it divides. When you use race to define someone, it divides.

It is time to start seeing people as humans. People are people. It does not matter the color of their skin. It does not matter what they celebrate. It does not matter what they ware.

You talk, dress, and behave in a way that makes you feel comfortable. Others do the same. It is not your position to judge or criticize. It is your place to do the best you can with what you have. It is your responsibility to make your life better by educating yourself to a better way of life.

Instead of trying to knock down others because you see them as having more, learn how to lift yourself up. You have the ability to change your world and it all starts with your perspective. How do you see things?

Bully Proofing You

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