Dream Interpretation Expert Voted # 1 in Marseille, France

Cynthia Nodland April 08, 2013

Dream interpretation expert Cynthia Nodland, Ph. D., was voted #1 in Marseille, France according to a sidewalk poll. While visiting the Mediterranean city she interpreted local residents’ dreams.

A recent sidewalk poll in Marseille, France revealed Dr. Cynthia Nodland to be the city’s best visiting source for dream interpretation. Dr. Nodland’s expertise is in dream-analysis which she uses as a therapeutic tool to assist people in gaining a greater understanding of themselves and the world they live in. In her private practice as a Denver therapist, she teaches people how to remember their dreams and discover the messages they hold.

When asked what she thought of being voted # 1 in Marseille, France as the city’s best dream-interpreter, she said, “....It is amazing to be given this recognition, but I have always only considered myself a teacher who helps others become experts in understanding the language of their own dreams. Although I do not speak French I have often dreamed in French and now find it to be a magical synchronicity to be able to interpret the dreams of the people here in Marseille.”

Dr. Nodland, a Denver therapist, said that she had come to Marseille because “The Mediterranean Sea has been calling me over many years. I am so thrilled to have the opportunity to be in this place of my own dreams. Interpreting the dreams of local residents has been fascinating. Walking the cobbled streets where modern apartments are built on top of ancient castles....Marseille is like a waking dreamscape at the boundary between sea and earth.”

When asked what her future dreams might be, she responded, “It is so important to have this work carried on around the world. Each individual is born with their own dream and it is only through remembering one’s own dream that the life of the individual and the world they live in is brought into balance.”

When local origami artist, Raffaele, reflected on a dream that had stayed with her for more than 20 years, Dr. Nodland commented on how the power of that was reflected in the fact that it had become part of Raffaele’s memory and identity and served as guidance and support throughout her life. Raffaele said that it was true that whenever she feels lost or sad, the memory of that night provides reassurance by reminding her of the experience of riding on the back of the great white bear as it swam across an icy ocean. Dr. Nodland went on to say that we are often visited by powerful animals who will act as ally’s throughout our lives, lending us their natural instincts and sheer strength when we most need them.

During another interview with local graphic artist Christophe Rastoin, Dr. Nodland listened as he recounted a nightmare of falling through space which occurred frequently during childhood. It recurred again recently. As Christophe continued to talk about his waking life circumstance he began to see the parallel between the nightmare of being totally at the mercy of an invisible gravity with no solid ground to stand upon and the personal crisis. He laughed and said that he had never paid much attention to the few dreams he remembered, but now he understood how dreams provide another perspective; and in this case, help him have more compassion for himself.

Cynthia Nodland, Ph. D. can be reached in her office at (303) 316-7370.

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