

Portland Weight Loss Spa Adds Massage Therapist

Jan Johansen May 10, 2013



Massage is the answer

Massage therapy helps you relax, re-align and rejuvenate. There are many positive aspects to receiving massage therapy on an ongoing basis, and with our busy lives, we can all benefit from a little stress management.

(Newswire.net -- May 10, 2013) Portland, OR -- Beth Hurley, an Oregon Licensed Massage Therapist (LMT), is joining the team at A Better You. Her goal is to provide the therapeutic benefits of massage therapy in the Gateway district.

"I look forward to building my massage therapy practice in Portland and working with people at A Better You" says Hurley.

"I'm excited to be able to share my experience as a Certified Pediatric Massage Therapist" Hurley adds.

Hurley received her initial training from the program at Pioneer Pacific College in 2011 and recently added a BA in Exercise and Sport Science from Concordia University.

Additionally she carries,

- Licensed Massage Therapist, Oregon Board of Massage Therapy License # 18327
- Certification in Pediatric Massage and Massage for Children with Autism
- Chiropractic Assistant Licensure, Oregon Board of Chiropractic Examiners
- NASM Corrective Exercise Specialist Certification

Initial specialties to be offered include Swedish massage, deep tissue massage and sports massage.

For more information or to schedule an appointment, visit www.betteryouspa.com.

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