Increases in Dental Sleep Medicine have increased in 2013, spurring a specialized sleep apnea treatment and education program for dentists.

(Newswire.net -- May 19, 2013) Columbus, OH -- Trends in Dental Sleep Medicine show an increase in sleep apnea diagnosis and treatments in 2013, leading to a specialized sleep apnea education program for dentists. Dental consulting and education company, Dental Sleep Today, owned and managed by Lyonsgate Practice Management, which includes industry expert, Dr. Mark Levy, has created a specialized dental sleep medicine education program to teach dentists how to implement dental sleep medicine into their practices.

Dental sleep medicine is essentially an area of practice that focuses on the management of sleep-related breathing disorders including snoring and obstructive sleep apnea, with oral appliance therapy and upper airway surgery. “Dentists posses unique training that make them highly qualified to help patients with sleep apnea and dental sleep medicine,” Mark Levy said in an interview. “Patients thank us for helping them change their lives for the better.”

Obstructive Sleep Apnea, one of the most common sleep disorders, is estimated to affect over 20 million Americans. The condition can greatly affect quality of life, interrupting sleep and causing medical complications, including depression, hypertension, heart disease, obesity, diabetes and death in some cases. Over 75% of Americans suffering from this condition remain undiagnosed or are often mis-diagnosed.

Lyonsgate Practice Management, a leading dental sleep medicine company, has developed Dental Sleep Today, a dental sleep medicine program designed to educate dentists on how to diagnose and treat Obstructive Sleep Apnea with alternative oral appliances. The complete educational consultation is performed in the dental practice, with hands-on, immersive learning to better equip dentists with the experience and confidence to provide dental sleep medicine services effectively. According to Cynthia Levy of Lyonsgate, the program provides comprehensive education and actual patient diagnosis through the 2-day consult.

“We bring in actual patients for real training scenarios,” Cynthia Levy stated. “We teach the basics of sleep medicine and sleep related breathing disorders, the historical management of sleep disorders, dental treatment of snoring and sleep apnea, how to effectively market these services and finally, systems for management of the sleep patient.”

Although many Americans are unaware of the serious nature of this condition, through education and diagnosis, sleep apnea is treatable. Building a successful dental sleep medicine practice is achievable through the two-day consultation with the entire staff, allowing for a complete training experience. The consultation includes live patient diagnosis and treatment and is lead by Dr. Mark Levy, who has successfully implemented sleep medicine in his own practice and for many others.

To learn more about the dental treatment of sleep disordered breathing, log onto dentalsleeptoday.com.

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