

Biotin For Hair Growth Proves Effective, New Products More Potent

Brandon Schoen August 20, 2013



Biotin For Hair Growth

Biotin, a popular supplement for decades known for its ability to improve hair condition and growth, has been re-formulated by a handful of retailers, promising faster, better results. Recent studies suggest adding biotin to daily beauty regimens.

Newsire.net -- August 16, 2013) Baltimore, MD -- **Biotin**, a popular supplement for decades known for its ability to improve hair condition and growth, is having a comeback moment thanks to new formulas that are proving more effective and, surprisingly, still

affordable. One such retailer, Elite Gold Solutions, a small local nutraceutical company recently testing the waters on Amazon, says that they have experienced tripled sales in the past two months, mainly because of customer testimonies spread by word of mouth, affirming that biotin, for many, is really the “miracle hair pill” it once was made out to be.

Everyone, but especially women, wants great looking hair and is willing to go to great lengths (no pun intended) to get. From expensive treatments to wigs and extensions, A-list hairstylists, at-home concoctions and imported products, most women will admit to trying at least one (if not all) of the above. So when someone says a simple supplement, one as inexpensive as a 3-D movie ticket will make hair grow faster, stronger, and longer and, oh yeah, be healthier too, people take notice.

Biotin, a naturally occurring vitamin, is necessary for proper health and functioning because of its chemical makeup, providing the body with necessary energy for growth, such as hair, nails, and skin cells. While biotin is found in common foods, like Swiss chard, spinach, and mushrooms to name a few, modern human diets have caused two issues. First, the overconsumption of processed foods taking away from the biotin bodies receive. Second, as human diets changed so did some people’s natural ability to process the biotin found in food, causing, among other things, poor hair growth, brittle nails, and dull skin.

New **biotin** products, such as the “**Ultimate Hair, Skin, and Nail**” formula offered by Elite Gold Solutions, have found a way to not only give the body more biotin in each capsule, but also make the biotin easier for the body to process and use, which means, according to happy consumers, faster, better results.

While there are a limited amount of studies available that have studied the direct connection between **biotin capsules and hair growth**, more are emerging and the conclusions making a great case for adding biotin to the daily beauty and health arsenal.

To purchase **biotin** on Amazon, follow this link: <http://www.amazon.com/Vegetarian-Supplement-Elite-Gold-Solutions/dp/B00DJD3DVI/>

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