

# How to Have a Great Family Bonding in Best Martial Arts School in Dayton

Manuel Taningco January 14, 2014



Best Martial Arts School in Dayton

**Martial arts are not only teaching you how to defend yourself through rough times it also contributes many positive things to any individual who engaged in this kind of physical activity.**

([Newswire.net](#)-- January 14, 2014)Dayton, Ohio -Martial arts were created to protect each territory or empire and they choose men to engage in the battlefield but since times have transformed a lot has been subjected to change over the years and the art of physical battle is one of them. Now martial arts are considered as one the best way to socialize and develop personality.

Speaking of Martial arts, TAMA Martial Arts Center located at Miami Valley area was established in 1976, is an institution that focused on developing each individual's inner being aside from improving their martial art skills. TAMA Martial Arts Center will not only teach you the art of martial arts but it will serve as anyone's ticket for self discovery. Many have tried putting up a school of martial arts, but nothing has done anything like Tama Martial Arts Center and below are some proven facts why.

The benefits you can get from TAMA Martial Arts Center;

- 1.Has the excellence of teaching traditional and the highest form of martial arts.
- 2.Their programs and courses will help develop and improve youngster's mental and physical capacity.
- 3.Families will have a quality time to bond and something to look forward to each week.Since TAMA Martial Arts Center promotes martial arts as not a single physical sports therefore it will help their students to socialize particularly to understand the true meaning of cooperation and friendship.
- 4.Their curriculum also includes anger management, self discipline, self respect, and respect for others.
- 5.Trains their students how to accept losing and how to act properly when winning.
- 6.Teens will stay away from unlawful temptations like drugs, alcoholism and most of all they have the power to resist negative friends and school mates.
- 7.Children enrolled in TAMA Martial Arts Center is also very diligent and active in their regular school activities.

8.Helps their students to boost their self confidence by joining them in various friendly martial arts tournaments whether within or outside their respective local community.

TAMA Martial Arts Center expertise are;

- Brazilian Jiu-Jitsu
- Filipino Kali
- Icho Ryu Aikijutsu/Aikido
- Kempo Karate Jujitsu
- Muay Thai
- Kick Boxing
- T'ai Chi Ch'uan
- Tien Shan Pai
- Kung Fu
- And U.S. Armed Forces Training

Just recently, last July 2013 Grandmaster Manuel Taningco was an invited guest by former UFAF National Director Duke Tirschel in Chuck Norris UFAF Convention held in Las Vegas. He attended the event together with top notch martial art student and promoter of shockfest Film Festival, Guil Claveria.

Furthermore, will give you the opportunity of becoming which society calls “a person of dignity,integrity and achievers in [Best Martial Arts School in Dayton.](#)”

For membership and registration you can get in touch with TAMA Martial Arts Center Center on this following contact information, [click here.](#)

## **TAMA Martial Arts Center**

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