Zeal for Life

Trace minerals are what our bodies are made of. They exist in our soil and in the fruit, vegetables and meat we eat. Or at least they should. Zeal for Life is a proven health supplement getting people back to optimum health.

(Newswire.net -- June 22, 2014) Adelaide, SOUTH AUSTRALIA -- Trace minerals, such as iron, zinc, copper, chromium and selenium are what our bodies require in order to function properly and maintain a state of health and wellbeing. When the body does not get its minimum requirement of these essential trace elements, mineral deficiency occurs, directly and significantly increasing the potential for acute and chronic disease. Trace mineral deficiencies can be serious and life threatening. Mineral deficiencies can lead to arthritis and osteoporosis, anemia, immune dysfunction, infertility and thyroid dysfunction to name but a few.

Is eating a healthy diet of fresh fruits and vegetables, with a good balance of carbohydrates, protein, and fats enough? Well, much research into the quality of the foods we eat today are suggesting that it is not enough. Various studies carried out by numerous research and education institutions, such as the University of Texas and the Kushi Institute, have found significant depletion of vital major and trace minerals in our fruits and vegetables of today compared to the fruits and vegetables of the 1950s. In some cases, these studies showed almost a 40 percent decrease in some minerals when comparing particular foods.

Many authorities and organizations at all levels have been informing industry and government of the need to protect our soils and look closely at how we grow and cultivate our food sources. The main reasons for our soil depletion over the past several decades comes down to the changes in agricultural practices, aggressive cultivation, inadequate soil management and the increase in use of pesticides and fertilizers.

As consumers become more aware of food quality and its importance in maintaining optimum health and body function, the demand for organic grown produce is increasing as well as the use of mineral supplements in people’s every day diets.

With hundreds of health supplement products on the shelves, it can be hard for people to know which one is the right choice for them. Dennis Porter from Zeal for Life states, “Medical research is discovering more and more that virtually all illnesses can be related back to a mineral deficiency. Therefore, replenishing vital minerals in the body, especially trace minerals, can help with recovery from many major diseases.” Dennis Porter has worked with the health supplement brand, Zeal for Life, for several years. He has firsthand experience of how the Zeal for Life mineral supplements can restore the body back to health, even for cancer sufferers.

In 2010, Dennis was diagnosed with mouth cancer. After 45 days in hospital, having undergone major surgery and other medical treatments for his cancer he had lost 155 pounds by the time he went home. Once out of hospital, Dennis started taking Zeal for Life products every day. Over the course of his treatment, which took several months, Dennis was admitted to hospital a further 10 times. Throughout this time, he continued to ensure his body had all the vitamins, minerals and trace elements it needed for the best chance of recovery from cancer. Within four months, physical changes were occurring in his body that were unexplainable by his doctors. He began to put on weight, his
blood tests were improving each time and his CT scans continually showed the cancer cells dying.

Today, Dennis Porter is cancer free and the healthiest he has been in his entire life. “Zeal for Life’s all-in-one nutritional drink comes in powder form, making it simple and super convenient. And, best of all, it is really affordable,” said Dennis. He goes on to say, “The benefit of a health supplement like Zeal for Life is that it is packed full of concentrated whole super foods, providing the full spectrum of complete vitamins, minerals, nutrients your body needs to regain and maintain optimum health.” A product developed by some of the health industry’s leading doctors, scientists, researchers and product developers, Zeal for Life is a tried and trusted brand that has also been shown to reduce the risks and effects of heart disease, diabetes, high blood pressure and digestive disorders. It supplies the body with the required energy to cope with life’s demands, making those who use it feel lighter, healthier, more energetic and more focused. With the choice of three different blends designed to enrich the body with required nutrients, restore the body’s systems to a healthy balance and protect the body against stress, environmental effects and illness.

For further information about Zeal for Life products, contact Dennis Porter at dennisporter@gmx.com

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