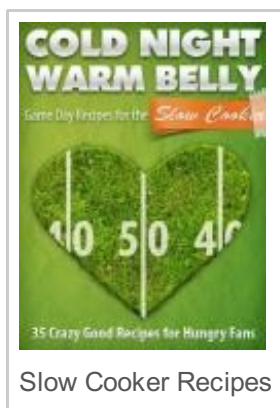


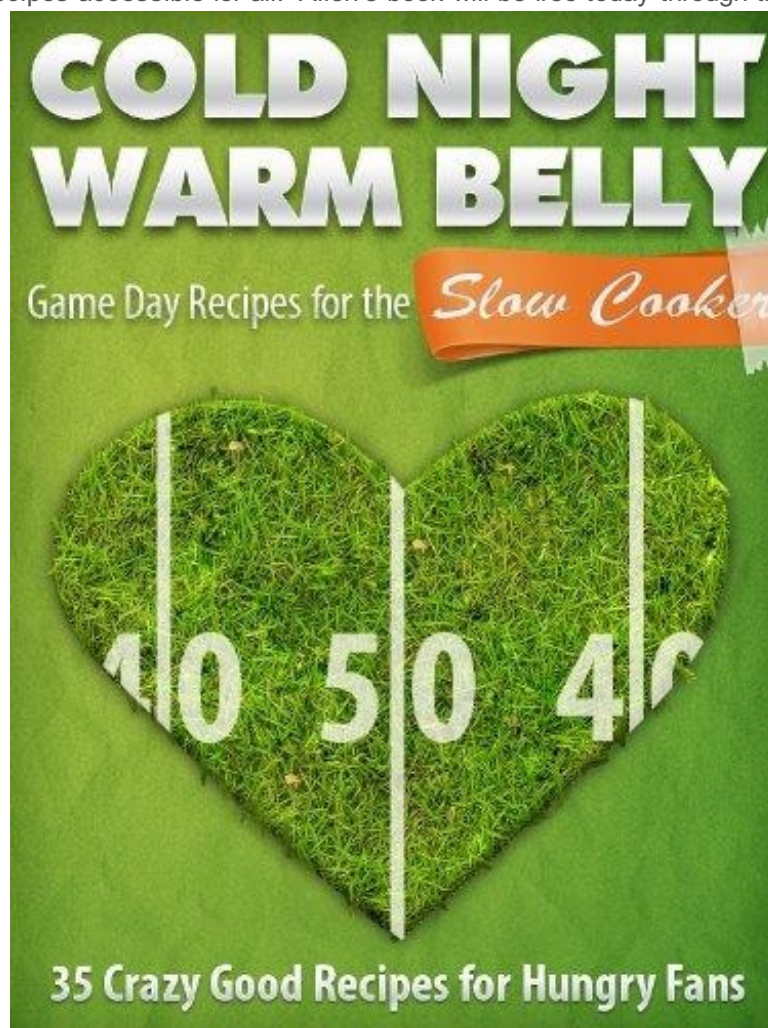
# Easy Game Day Slow Cooker Recipes For Fall

Brandon Schoen September 26, 2014



Paul Allen, author and semi-professional chef, loves fall, football, and food. His book, **35 Game Day Recipes For The Slow Cooker**, offers easy game day slow cooker recipes for fall meals and parties. It will be free today through the 29th on Amazon.

([Newswire.net](http://Newswire.net) -- September 26, 2014) Seattle, WA -- Fall is synonymous with football and food. No one knows that better than author and chef Paul Allen. His cookbook series, *Cold Night Warm Belly* (Little Pearl Publishing), shares some of his favorite and most delicious slow cooker recipes with readers who love food but don't have hours to spend in the kitchen, especially on game days. One of the books in his three-book series, *35 Game Day Recipes For The Slow Cooker*, is a no-holds-barred approach to slow cooking, making easy game day recipes accessible for all. Allen's book will be free today through the 29th on Amazon.



For the past sixteen years, Allen has hosted Sunday Football parties at his ranch-style home in California. And every Sunday his friends can count on two things: fun and **good food prepared in a slow cooker**. Some may think that a professional chef would shy away from **slow cooking** since it is often known solely for being easy and not necessarily producing delicious results, but Allen says that belief is wrong. **Slow cooking** is actually his method of choice, he says, for several reasons. He loves the results, but he also loves that it gives him time to enjoy friends and family since all of the work is done ahead of time.

Allen says that his collection of **slow cooker football recipes** he considers "manly", which to him means that all of the ingredients are purely chosen because they are good with no concern of calorie-count or low-fat options. And while it is obviously not a smart idea to eat this way every day of the week, Allen says that knowing he's going to

indulge on Sundays helps him make smarter, healthier decisions the other six days of the week.

Here is a taste of a few of the recipes included in the book: Spicy Nacho Dip, Barbecue Beef Ribs, Pre-Game Beer Brats, Blue Cheese Buffalo Wings, Southern Style Cocktail Sausages with Bourbon Sauce.

And don't worry, there's still room for dessert. Allen has included six dessert recipes that can also be made in the **slow cooker**. (Chocolate Peanut Pudding Cake anyone?)

To learn more about Allen's free game day slow cooker book or to get a free copy visit: <http://www.amazon.com/Cold-Night-Warm-Belly-ebook/dp/B00ACG6XJE/>

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