

# Touchstone Ranch Introduces Controlled Detox Services

Tyler Collins November 07, 2014



Touchstone Ranch Recovery

**Touchstone Ranch is an alternative substance abuse center in Hico, TX. It offers its clients faith-based recovery programs combined with the experience of working on a horse ranch. Touchstone now offers a detox program with controlled detox services.**

([Newswire.net](http://www.newswire.net) -- November 7, 2014) Hico, TX --

A major obstacle to complete recovery from a drug or alcohol addiction is the process of detoxification. The detoxification process includes a thorough substance abuse assessment to determine what level of medical care is appropriate. If a drug rehabilitation center's team of professionals determines that a specific detox process is necessary, the patient typically receives that treatment before progressing to the rehabilitation process. Long-term drug and alcohol recovery center Touchstone Ranch of Hico, Texas, now offers a controlled detox treatment to its guests in recovery.

Touchstone Ranch has long offered alcohol rehabilitation as seen at <http://touchstoneranch.com/our-programs/alcohol-rehab/> to its guests. Recovery from severe alcohol addiction often requires an initial detox program. Once the patient completes this preliminary treatment, he or she begins horse-based or equine therapy. Equine therapy provides the recovering addict with a calming, positive activity in place of addiction.

Touchstone Ranch provides excellent drug rehab as seen at <http://touchstoneranch.com/our-programs/drug-rehab/> to those guests fighting addiction to narcotics and other drugs. As with alcohol recovery, recovery from addiction to many illicit drugs often requires professional detox before beginning other steps in the rehabilitation process.

Touchstone Ranch's detoxification services as seen at <http://touchstoneranch.com/our-programs/detoxification/> includes a staff of nurses that operates 24 hours per day along with doctors who are on call in case of a medical emergency. During the detox process, the medical team at the ranch monitors the patient's mental, physical and emotional progress. The detox program plays a major role in a patient's overall recovery, from clearing the body of foreign addictive substances as from prescription drugs to assisting in the ability to help to overcome sleep deprivation which often affects narcotics addicts.

About Touchstone Ranch Recovery Center: Touchstone Ranch Recovery Center is a facility dedicated to assisting those with drug or alcohol addictions with recovery in a different type of environment. Surrounded by animals and assisted by professional counselors, those who visit Touchstone Ranch come away refreshed and ready to take on the responsibility of recovery.

For More Information:

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## Touchstone Ranch Recovery

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Source: <http://newswire.net/newsroom/pr/00085929-alcohol-rehab-drug-rehab-detoxification-services.html>