

MMA Toronto - Ainsley Robinson Opens World Caliber Training Gym

Robert Hermann November 21, 2014



Mixed Martial Arts Training Toronto

Ainsley Robinson is a Canadian Olympic athlete and a professional mixed martial arts fighter who is renowned for his expertise and teaching skills. His new gym, Toronto Top Team Martial Arts & Fitness in Scarborough, offers top-level training for athletes.

(Newswire.net -- November 21, 2014) Scarborough, Ontario -- Ainsley Robinson came to the world's attention as a Canadian Olympic athlete in Greco-Roman wrestling at the 1996 Summer Olympics in Atlanta. Since then, he has worked as a professional MMA fighter, competing in the Bellator Fighting

Championships and King of the Cage. Now, Robinson brings his professional skills to the training arena as he opens his new mixed martial arts training gym.

The Toronto Top Team Martial Arts & Fitness gym is located at 777 Warden Avenue, Unit #1, in Scarborough, Ontario, and offers not only mixed martial arts but also fitness classes and evaluations.

In celebration of his new gym opening, Robinson will offer a free class to anyone interested in any form of martial arts taught at the gym. This allows those interested in various forms of martial arts to determine which type appeals to them as well as what is involved in each form of training. A "try before you buy" class is available to anyone who is interested simply by signing up at the gym. Additionally, anyone can receive a free fitness evaluation by experts.

Those who are interested in learning martial arts and getting in shape will enjoy the boxing, MMA, Muay Thai, Brazilian jiu jitsu, wrestling and kickboxing classes offered. Student plans and family plans are available as well.

For those seeking an exciting and fun way to get in shape and learn valuable self-defense skills, or even compete in mixed martial arts events, Ainsley Robinson and the team at Toronto Top Team Martial Arts & Fitness, which **Features BJJ Champion Igor Mocaiber**, offer safe, effective training in a friendly and supportive environment.

About Toronto Top Team Martial Arts & Fitness: Ainsley Robinson's new gym incorporates the skills he has learned in his years of experience as both an Olympic athlete and world award winner in wrestling with his more recent interest in mixed martial arts, which include a black belt in Muay Thai. Robinson's training in all areas of martial arts, but particularly MMA, help him and his staff to deliver high-quality training to all age and fitness groups.

About Toronto Top Team Martial Arts & Fitness

Classes & Training for Toronto, Scarborough, Markham, Pickering & North York can be scheduled by calling, emailing, or visiting the school through the contact information below. Toronto Top team is considered at the top of mixed martial arts schools in North America.

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