

# Orland Park MMA Launches New Self Defense Website in Illinois

Monika Allen August 07, 2015



Adult MMA Class Mat Chat With Dion Riccardo - Taken in Orland Park, Illinois

Orland Park MMA Gym has developed a Kickboxing website to outline its Gyms classes available to Cook & Will County, Illinois residents.

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Orland Park, IL -- Civilians Seek Jiu Jitsu & Self Defense More Now than Ever, notes Dion Riccardo. He also states, "Women are more interested in training Mixed Martial Arts for both sport & Self Defense. Especially after the Women Ultimate Fighter Season and **Ronda Rousey** being the champ".

That's why, Dion Riccardo of Orland Park MMA is pleased to announce its development of it's new gyms website dedicated to those looking for martial arts training classes. Dion hopes the new site will help people in Illinois that live near the 60462 zip code find the right place to get started. "We are seeing a huge surge of Men, Women & Parents seeking out lessons because everyone always new Karate was great for kids but now Adults are discovering how empowering training classes are for them, especially women" Riccardo declares.

"Thier are so many types of people looking to train nowadays, most of them are looking for a way to get in great shape & learn to defend themselves. What students often do not expect both from our kids & adult programs is how much they improve in areas like Focus, Self Discipline and Confidence." he adds.



Dion Riccardo, owner of Orland Park MMA Gyms, has always been passionate about helping people through Mixed Martial Arts training, Kickboxing, Jiu Jitsu and Self Defense classes. He has been teaching for over 25 years and has taught countless adults and kids Martial Arts and it's valueable lessons. He is a student of Dan Inosanto (Bruce Lee's Protege), Ron Balicki and a whole host of world class Martial Artists and Teachers many of them has certified him to teach thier system.

As such, him and his instructors takes their job seriously and has compiled a team of local instructors he deems especially skilled at their job. The burgeoning company website features info on their top rated and reviewed Kickboxing, Kids Karate, Jiu Jitsu, and MMA.

"We make sure every lesson that we teach leaves students, both adults and children, feeling motivated, energized and inspired, so that every student is growing both in skill set and within their personal life. This isn't accomplished by accident either because we've designed the curriculum specifically to allow all of our students to have the ability to achieve success quickly." Coach Riccardo stated.

He also adds, "It's truly unique! We have been working on this system of teaching and coaching people through our extensive class curriculum in the martial arts but more importantly how we train our instructors. All of our Black Belt instructors have been with our school since the start of their training and have undergone an extensive Instructors certification process to be able to teach one of our classes. They are experts in creating the Optimal training experience so we consistently help people not only master our system but more importantly - Master their life!"

At Orland Park MMA they are driven to get our students the RESULTS they are looking for! We believe that nothing better prepares a person better than Martial Arts training. We strive to maintain a culture of Safety, cleanliness and Fun.



If you read their reviews online, you will see one common theme that may surprise!

Commonly you will always read about how students got in great shape or a child was able to outsmart a bully without having to use karate skills. But what's unique about their reviews is how their students consistently talk about how their overall LIFE and ATTITUDE has changed and all the other aspects like getting super LEAN were just the effect of a much larger process of transformation.

The site's blog gives you a glimpse into some of what a Brazilian Jiu Jitsu, Muay Thai Kick-Boxing and Childrens Karate Parent Reviews. To start you or your loved ones journey, you can contact them through the new company website at <http://www.orlandparkmma.com>. You can also speak to Dion or one of his associates directly by calling 708-232-3080.

## About Orland Park MMA Gym

Orland Park MMA specializes in Self-Defense, Muay Thai boxing , Jiu Jitsu, Wrestling and Youth Classes. Students come from Southern Cook & Will County, Illinois area and prides itself on thier Free 14 Day Trial Membership. Whether a Adult or Child is looking to learn how to protect themselves or the Sport aspect, Dion Riccardo and the crew at will be happy to help to achieve your goals through thier Martial Arts School.

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