

Dr. Kellyann To Release Inflammation Course with mindbodygreen

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Dr. Kellyann Petrucci uses all natural remedies to promote a healthy lifestyle.

Dr. Kellyann Petrucci, one of the world's leading experts in anti aging, weight loss and inflammation, is announcing her partnership with mindbodygreen, an organization focused on healthy living.

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Dr. Kellyann Petrucci, one of the world's leading experts in anti aging, weight loss and inflammation, is pleased to announce her partnership with mindbodygreen. Today marks the release of her course, [Beat Inflammation: A 21-Day Plan for Glowing Skin, Long Term Weight Loss and Vibrant Health](#).

In this hour and twenty minute video journey, Dr. Kellyann explains why inflammation is at the root of so many modern health crises, like diabetes, skin conditions, bloating, fatigue, arthritis and even cancer. She then walks viewers through her protocol designed to heal inflammation from the inside out. At the end of the course, viewers will feel younger and healthier, with relief from the symptoms of many of their chronic conditions.

"Dr. Petrucci's hands on approach to beating inflammation is sure to help anyone and everyone feel their best again," said Jake Sussman from mindbodygreen.

The course is available on mindbodygreen.com/courses. and is on sale for 30% off from April 28 - May 2.

Kellyann Petrucci, M.S., N.D. weight-loss and natural anti-aging expert, is the author of "Dr. Kellyann's Bone Broth Diet." She is a board-certified naturopathic physician and a certified nutrition consultant who is a concierge doctor for celebrities in New York City and Los Angeles. She also has her own private practice in Birmingham, Michigan. Dr. Petrucci is a regular guest on television shows including The Doctors, Dr. Oz, and national news programs.

Additionally, she is the driving force behind the website DrKellyann.com, and has authored six books for John Wiley & Sons. These include Living Paleo for Dummies — one of the highest-selling Dummies books of all time. In addition, she is a regular contributor to The Huffington Post and MindBodyGreen. She is the creator of the 30 Day Reset Program, which helps people lose weight, regain their energy, and reverse the effects of aging.

Dr. Petrucci did postgraduate work in Europe, studying naturopathic medicine in England and Switzerland. She is one of the few practitioners in the United States certified in biological medicine by the esteemed Dr. Thomas Rau of the Paracelsus Klinik Lustmuhle in Switzerland.

About mindbodygreen

mindbodygreen courses, a division of the award-winning online wellness magazine mindbodygreen.com, are online streaming videos designed to help you kickstart a healthier life, starting right now. You can learn yoga, start a meditation practice, get strong and fit, build the best relationship of your life and much more with mindbodygreen courses. And the best part is, you can do it all from the comfort of your own home. To access the full mindbodygreen course library, please visit mindbodygreen.com/courses.

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