How Cosmetic Dentistry Improves Quality of Life

Aldo Leopardi  September 20, 2016

Learn how cosmetic dentistry can improve your smile. 1 in 4 adults avoid smiling because of their teeth. Read about how you can improve your smile.

(Newswire.net -- September 20, 2016) Greenwood Village, Colorado --Have you ever been embarrassed of your smile? Did you know that 1-in-4 adults avoids smiling because of the appearance of their teeth? Cosmetic dentistry can improve the look and the health of your teeth.

Cosmetic dentistry encompasses a wide variety of things, aimed to improve overall oral health and appearance. Cosmetic whitening, tooth colored fillings, dental bonding, porcelain laminate veneers and custom tooth crowns are all cosmetic changes that Dr. Aldo Leopardi, of Greenwood Village, Colorado helps his patients with.

Dr. Aldo Leopardi is dedicated to helping his patients with their smile. There has been an increase in the need for cosmetic dentistry lately. Patients have realized that it can be quite necessary for their overall oral health, and that it’s not just for movie stars or famous musicians. Fixing minor problems in your smile, can prevent major dental problems later on in life.

Cosmetic changes can make a huge difference in a patient's life. Some people who are self-conscious about the appearance of their smile, might avoid laughing, smiling, or even interacting with peers. Occasionally people who are embarrassed by their teeth withdraw from social interactions. If 1-in-4 people experiences this issue, it’s something that needs to be dealt with.

The most common fix that people are interested in is teeth whitening. There are over the counter solutions to this problem, but they lack the medicinal power that an in-office treatment can provide.

Chips or cracks can be filled, and missing teeth can be replaced due to modern technology. Fixing imperfections in your smile may even help your overall oral health. Even fixes like porcelain laminate veneers don’t require extra care after the procedure is done. They only require the normal care and keeping that your regular teeth need. Fixing cracks in your teeth can prevent future decay, and help with the future of your oral health.

With modern dental technology, cracks or gaps in teeth can be fixed now. If you’ve always had a natural gap between front teeth or other teeth, you can now get it fixed or filled in. While there is usually nothing wrong with having a gap in your smile, it could lead to decay if it’s not properly cared for. If you have never loved your gap, filling it in could improve both your confidence and your future oral health.

If you feel like your smile is holding you back from doing the things you want, whether it’s simply being social or interviewing for your dream job, you should make an appointment with your local prosthodontist or dentist. Check out the procedures or treatments that could be right for you to fix or improve your smile.

About Aldo Leopardi BDS DDS MS

Dr. Aldo Leopardi, BDS, DDS, MS is a leading prosthodontist with an expertise in fixed, removable and implant prosthodontics. He operates a private practice in the Colorado area while using his 31 years of combined academic and dental practice knowledge to help patients seeking cosmetic and reconstructive dentistry procedures. Dr. Leopardi is also involved in clinical research and lectures nationally on topics involving aesthetic, fixed, removable and implant dentistry. He is the current founder and president of The Knowledge Factory. To learn more about Dr. Leopardi and his private practice, visit his website at http://aldoleopardi.com or call his office at 720-488-7677.

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