Arthritis May Potentially Be Detrimental to Dental Health

Michelle O'Sullivan  September 28, 2016

There is a chance that individuals with more advanced periodontal disease may be at an increased risk of rheumatoid arthritis and vice versa. (Newswire.net -- September 28, 2016) Orlando, FL --Arthritis is a painful condition that affects the quality of life of sufferers. Unfortunately, this condition may also cause complications, such as those involving the joints of the jaw.

Arthritis may potentially be detrimental to dental health. According to experts, this condition may affect the jaw joints, which may jeopardize one’s ability to chew. The progression of the disease may also make a daily dental care routine difficult. Brushing and flossing are examples of the standard dental routines that may become difficult for arthritis sufferers. Experts recommend that arthritis sufferers should use a toothbrush with an easy-to-grasp, larger handle. They should also use a toothbrush that makes reaching certain areas of the mouth easy.

According to an Australian study published in the Journal of Periodontology, individuals with arthritis are more likely to suffer from periodontal disease with moderate to severe loss of jawbone.

The researchers also found that rheumatoid arthritis (RA) sufferers had an average of 11.6 missing teeth, and they compared this to the 6.7 obtained by the control group. They further revealed that a higher percentage of participants with RA had deeper pocketing. Some scientists suggest that the disease process involving rheumatoid arthritis could potentially be triggered by bacterial infections.

Rheumatoid arthritis and periodontal disease have long been associated with each other. In the Australian study, it was revealed that rheumatoid arthritis was more prevalent in the periodontal treatment groups by 3.95%.

It was also found that 62.5% of rheumatoid arthritis sufferers with periodontal disease suffered from advanced forms of the disease. There was also a higher prevalence of diabetes mellitus and cardiovascular disease in the periodontal group.

There is a chance that individuals with more advanced periodontal disease may be at an increased risk of rheumatoid arthritis and vice versa.

Arthritis has long been believed to cause complications, and this adds more burden to individuals suffering from the condition. Pain and other symptoms are already making the life of sufferers difficult.

There are pain medications available such as nonsteroidal anti-inflammatory drugs (NSAIDs), which are formulated to ease pain and swelling. These pharmaceutical drugs are widely used not just by arthritis sufferers but also athletes.

However, due to the widespread scare in the potential side effects linked with the use of these medications, more and more arthritis sufferers are turning to the use of safer, natural alternatives such as glucosamine.

Glucosamine is believed to have the ability to repair damaged cartilage and enhance joint health. Some of the most reputable glucosamine supplements today contains other ingredients such as methylsulfonylmethane, turmeric, and chondroitin. (http://amazon.com/condroitina-glucosamina-msm/dp/B00DUMO9X4)

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