

Turmeric Is One Of The Best Testosterone-Enhancing Solutions For Men

Melissa Scott October 18, 2016



Men who suffer from the undesirable consequences of having low testosterone levels may want to consider the use of curcumin supplements.

([Newswire.net](#) -- October 18, 2016) Orlando, FL -- There are conditions such as gynecomastia that impacts many men from around the world. While there are medications available, there are also natural alternatives thought to be helpful for sufferers.

Turmeric may be a potential testosterone-enhancing alternative for men. Gynecomastia takes place when there is swelling in the breast tissues.

Individuals undergoing the puberty are often susceptible to irregular hormone levels. Imbalanced hormone levels could lead to the development of gynecomastia. This condition can affect one or both breasts, and may cause symptoms such as breast tenderness and swelling in the breast glandular tissue.

There are also other symptoms caused by the condition such as swelling and pain. Individuals who experience having discharge from the nipple are advised to seek immediate medical help. Gynecomastia is usually caused by changes in the androgen and estrogen levels in the body.

Hormonal changes may be due to various factors. They may be caused by a radiation treatment, low testosterone, hyperthyroidism, age, puberty, and hypogonadism. Individuals who consume excessive amounts of alcohol, are exposed to pollutants, or use marijuana may also be susceptible to the condition.

Men who suffer from malnutrition, kidney failure, or chronic liver disease are also at risk of gynecomastia. Turmeric, which is an ancient spice, is believed to increase the testosterone levels inside the body.

In Ayurveda and traditional Chinese medicine, turmeric has been used for thousands of years as an alternative for a range of conditions. It contains an active ingredient called curcumin, which is thought to be a powerful phytochemical with potential health benefits.

Some of the substances in curcumin are believed to contain antibacterial, anti-inflammatory, antioxidant, antiseptic, and anti-carcinogenic properties. It is believed that many of the potential benefits of turmeric come from its curcumin.

Curcumin is believed to be a powerful anti-inflammatory. It is even utilized by some as a natural alternative for conditions that involve pain and inflammation such as arthritis. Curcumin is used by many arthritis sufferers as a safer alternative to pain medications, which may often be associated with side effects.

Men who suffer from the undesirable consequences of having low testosterone levels may want to consider the use of curcumin supplements. What may make this phytochemical even more advantageous is that it is believed to be good for overall health.

Curcumin supplements with piperine are extremely popular nowadays. Piperine is a black pepper extract that may act as a bioavailability-enhancing agent. It is believed to help increase the absorption of curcumin's unique properties inside the body.

(amazon.com/tumeric-with-black-pepper/dp/B00VSVKJ8I)

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at <http://www.DivineBounty.com>.

Divine Bounty

12001 Research Parkway

Suite 236 A

Orlando, FL 32826

United States

(407) 545 7738

media@divinebounty.com

<http://www.DivineBounty.com>

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