

# Dr. Anthony Pivonka D.C. Awarded SEAS Certification

Ken Sherman November 03, 2016



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## Dr. Anthony Pivonka D.C. Receives SEAS Certification (Scientific Exercises Approach to Scoliosis) – A Non-Surgical Treatment For Scoliosis Patients.

([Newswire.net](#) -- November 2, 2016) Gilbert, Arizona --Dr. Anthony Pivonka, an experienced chiropractor in Gilbert, Arizona, is pleased to announce he has received a certification in SEAS (Scientific Exercises Approach to Scoliosis) — a qualification that will help him continue to offer comprehensive care for patients who have scoliosis. The certification was awarded in Boulder, Colorado,

where Dr. Pivonka attended an intensive course that ran from Friday, September 30 to Monday, October 2. The program was attended by other industry professionals and specialists and was one of the largest events of its type ever seen in "The Centennial State."

The qualification is the latest in a long line of certifications held by Dr. Pivonka, a doctor who is certified in advanced CBP, ScoliBrace, SpineCor Brace and more, and places a clinical emphasis on scoliosis patients. The SEAS award is provided by ISICO (Istituto Scientifico Italiano Colonna Vertebrale), an Italian network that treats spine conditions. The course included modules on self-correction and stabilization exercises that improve balance and neuromuscular control and emphasizes a cognitive-behavioral approach between patients and their families to enhance results.

Unlike other courses, SEAS teaches its students to devise a personalized exercise program for each patient that is suited to their needs. This provides them with specialized care and helps to speed up recovery times. The exercises taught on the program help to increase a patient's awareness of their condition and provides them with useful tips that they can use when they have left the clinic.

With so many patients worried about having invasive surgery for their scoliosis, the SEAS method takes a different approach. The exercises help to fix or improve the spine slowly over time and incorporate various corrective techniques that benefit each patient. This course focuses on posture, the back and the spine, and on cognitive behavioral therapies, too.

## ABOUT DR. ANTHONY PIVONKA D.C.



Dr. Pivonka always wanted to become a chiropractor. His mother, Sharlene, had a history of scoliosis. As a result, Dr. Pivonka thought he might develop the condition, too. However, he saw a chiropractor and started receiving regular care to prevent the curvature in his spine from becoming more pronounced. This experience — and the fact that Andy has never had surgery for his condition — has spurred him to become a chiropractor. Today, he practices at CorrectScoliosis in Gilbert, Arizona, where he meets with new patients and develops a personalized training program based on their needs. He has years of experience in this field and offers a friendly, effective service with proven results. He has treated patients from every background and helped them improve their condition without invasive surgery. This provides patients with a wide range of benefits. They don't have to experience long, complicated procedures or risk scars or other marks from the treatment.

Dr. Pivonka was a student at the LIFE Chiropractic College, where he graduated Cum Laude in 1993. With his 23 years of experience working with patients, he knows the best non-surgical treatments for those who suffer from scoliosis. He often remembers what his mother had to endure when he was a child. He remembers the scars on his

mother's spine and leg from the surgery she had to have because of the severity of her condition. He remembers the pain she experienced. Determined to help patients so they don't have to go through the same, Dr. Pivonka continues to offer the best scoliosis care in Arizona. His office in Gilbert is bright, breezy and modern, helping patients to relax when they visit him. He can also be found through the Correct Scoliosis website, which includes frequently asked questions about his treatment as well as informational texts about the various treatments that are on offer. The services they provide are well researched and offer long term benefit.

## **FULL RANGE OF NON-SURGICAL SCOLIOSIS TREATMENT OPTIONS**

New patients at CorrectScoliosis are greeted with a warm welcome atmosphere. Dr. Pivonka will assess their condition and provide a tailored, specialized program. CorrectScoliosis offer a wide range of treatments for patients with this condition. These include braces, rehabilitation, and the Scoliosis Boot Camp, an advanced treatment for patients to want to reduce the curvature in their spine over a short period of time. The Boot Camp helps people who have a curve in their spine that ranges between 15 and 25 degrees (and aren't showing signs of the condition becoming worse) and could reduce curvature in as little as two to three weeks, in both children and adults.

## **ABOUT SCOLIOSIS**

Scoliosis is thought to affect around three of every 100 Americans, although the condition comes in a wide range of varieties. Scoliosis varies in severity, and can increase dramatically during puberty. Early detection is paramount; the wait and see approach to scoliosis is no longer valid. Many patients that have scoliosis are asymptomatic, however, some patients will experience pain as the curvature of their spine gets worse, and will need to have treatment, such as a brace, to correct the problem.



Dr. Pivonka understands the stigma of scoliosis. It's something that people don't want to talk about; or really do not know that much about. For some people, the problem can become so severe that the curvature in their spine becomes noticeable to others, resulting in embarrassment. However, he ensures that new patients feel calm when they walk into the Correct Scoliosis clinic for the first time. He is determined to solve the problem using non-invasive means.

New patients will receive a full examination during their initial consultation, which might include X-rays. The correct course of treatment will be recommended, after a doctor has taken the time to evaluate a patient's results. Visitors will also have the chance to discuss their condition with a doctor and ask any questions. This might include the recommendation of a brace or other type of treatment, such as the clinic's Boot Camp. The clinic can even arrange home therapy or bracing for those who need regular treatment but live far away from the clinic in Gilbert Arizona.

## **About Correct Scoliosis**

Correct Scoliosis/ Pivonka Chiropractic is located in Gilbert, Arizona. They regularly treat patients from all over the state and are the only local facility certified to provide both the ScoliBrace and SpineCor Brace, along with CBP Chiropractic and SEAS. They also offer an accelerated 2-3 week scoliosis bootcamp for those in outlying areas of Arizona or other states.

## **Correct Scoliosis**

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