

# Experts Highlight the Secrets in Effortlessly Removing Hardened Callus From Feet

Natasha Edwards November 29, 2016



Naressa Callus Remover

**Electric callus removers available for individuals who want to have a relaxing, effortless, foot care experience at home. It is believed to be effective and safe to use in removing calluses.**

([Newswire.net](http://www.newswire.net) -- November 29, 2016) Wilmington, DE -- Calluses are generally perceived to be harmless. As a matter of fact, there are those who consider callus formation as beneficial to protect their skin. However, when it becomes troublesome, it is time to do some measures to regain the smoothness and beauty of the feet.

Experts highlight the secrets in effortlessly removing hardened callus from feet. Pressure and friction are two major reasons why calluses develop. When the skin in the feet is constantly exposed to friction, callus develops, thickens, and hardens.

However, when they are properly addressed, they do not harden or thicken. The good news is that removing hardened skin does not usually require a medical procedure. As a matter of fact, there are ways to remove corns and calluses.

According to experts, soaking the feet in a bin with warm water could help soften hardened skin. It could also make removal easier. It can be helpful to avoid the use of harsh soaps when soaking the feet. Soap can remove the natural oils of the skin, and this could trigger dryness.

Dryness can make the condition of the calluses worse. Thus, it is essential to simply resort to measures that could maintain the softness of the skin.

To buff hard areas, the use of pumice stone is recommended. Pumice stone has long been used to remove thickened layers of skin. To reduce the likelihood of pain and tissue damage, it is essential to avoid rubbing soft, live skin.

After using the pumice stone, it is recommended to wash it to eliminate the dead skin and debris. This can help extend the life of the stone. After three minutes of getting the feet out of the water, moisturize the feet with lotion.

According to the University of Iowa, in trapping moisture inside the skin, it is essential to use oil-based ointments because they work better water-based lotions. Avoid applying moisturizer between the toes to reduce the risk of bacterial and fungal infections.

The New York Times Health Guide has given its warning against cutting hard skin away, which is typically done at home. Metal blades are one of the tools that should be avoided in removing calluses.

Today, there are electric callus removers available for individuals who want to have a relaxing, effortless, foot care experience at home. This type of tool is widely popular nowadays as it is believed to be effective and safe to use in removing calluses.

One of the best electric callus removers in the market today is offered by Naressa and can be purchased at [amazon.com](http://amazon.com/foot-scrubber-callous-removal/dp/B015GJDW18) (<http://amazon.com/foot-scrubber-callous-removal/dp/B015GJDW18>).

## About NARESSA

Naressa offers high quality personal care items designed to help you look and feel your best. The team at Naressa are dedicated to provide you with a quality shopping experience with 5 star service. Our products are affordable and high quality getting you exceptional value for money. Visit <http://www.naressa.com> to learn more about Naressa today.

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