

# Endeavor Offer Caregivers Online Support and Training

Heather Weber November 30, 2016



Endeavor Launches Online Family Caregiver Training

**Family members providing care to aging loved ones can receive support and training by accessing the Family Learning Center at the Endeavor website.**

([Newswire.net](#) -- November 30, 2016) Mesa, Arizona -- For millions of older Americans in need of day-to-day care and assistance, friends and family members play an important role in furnishing the care required to allow their friends and loved ones to continue to reside in the comfort and familiar surroundings of their own homes. Endeavor Senior In-Home

Care of Mesa, Arizona, now has a useful tool on its website that links caregivers to the Family Learning Center where they can access courses, quick tips and videos covering a variety of topics of interest to caregivers.

“We built our company to bring a new level of freedom to seniors and others who through the aging process or other factors need daily assistance but do not want to lose the freedom associated with living at home,” according to Endeavor Senior In-Home Care Founder Dave Rodgers. “The Family Learning Center is our way of recognizing the contribution family members and friends are making to the lives of the people they are helping.”

Visitors to the Endeavor website can access a link to the [Family Learning Center](#) listed under the “Services” tab. An easy to complete registration process gives caregivers access to more than 50 self-paced courses, videos and other resources offered at no cost to the user. Included in the course offerings are caregiver training for those caring for individuals with Alzheimer’s and dementia, safety and fall prevention, meal preparation and nutrition, and managing medications.

Endeavor In-Home Care has also included materials in the Family Learning Center focusing on the needs of the caregivers who have undertaken a role that can be as stressful as it is rewarding. Visitors to the resource center will find tips and information about dealing with caregiver stress and balancing the role of family caregiver with the responsibilities of a career and family.

As some of the Family Learning Center materials mention, the stresses of caring for a friend or family member can affect the caregiver’s physical and emotional health and wellbeing. There might be times when a caregiver needs to step away from the day-to-day responsibilities of caring for another person. Endeavor In-Home Care offers respite care services to provide temporary relief by giving caregivers some much-needed and well-deserved time away from their daily responsibilities. Individuals placed in a person’s home to provide respite care must meet Endeavor’s strict qualification standards and pass a background check. [Caregivers](#) are bonded and insured and subjected to the highest level of supervision.

Endeavor’s Management Staff has over 90 years of combined health care experience and is known for putting the client and family needs first and foremost. Simply put, they are Enriching Lives 24/7 one family at a time. For more information or to schedule a free assessment, contact Endeavor Home Care Group by visiting their website at [EndeavorHomeCare.com](#) or call 480-498-2324.

## About Endeavor Home Care Group, LLC

Endeavor is a local Arizona founded company offering caregivers and other in-home services, including senior companion care, physical disability support, hospice support and electronic in-home monitoring to families and clients living in communities in the Phoenix area. The company prides itself on bringing love and joy into the lives of the people it serves.

## Endeavor Home Care Group, LLC

1955 S Val Vista Dr Ste 111

Mesa, Arizona 85204

United States

(480) 498-2324

[BrittanyB@endeavorhomecare.com](mailto:BrittanyB@endeavorhomecare.com)

<http://www.endeavorhomecare.com/>

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