

Turmeric May Be a Potential Natural Alternative for Breast Enlargement in Men

Cathy Briggs December 12, 2016



Incredipure Turmeric Curcumin

Turmeric is thought to be effective in helping to increase the levels of testosterone in men. Increased testosterone levels may help reduce the size of the breast.

([Newswire.net](#) -- December 12, 2016) Las Vegas, NV -- Gynecomastia is a condition that causes swelling in the breast tissues. It usually develops when there are some irregularities in hormone levels during puberty. Individuals who suffer from this condition may want to consider utilizing the ancient spice turmeric.

Turmeric may be a potential natural alternative for breast enlargement in men. This ancient spice has been utilized for thousands of years to potentially help fight a range of conditions. It has a deep yellow-orange color with a potent taste.

Turmeric is a popular kitchen ingredient. However nowadays, its popularity as a potentially beneficial alternative is increasing. It has been used in traditional Chinese and Ayurveda medicine to help fight a range of conditions.

Gynecomastia may affect one or both breasts and may cause symptoms such as breast tenderness and swelling in the breast glandular tissue. If the condition leads to pain, swelling, and discharge from the nipple, sufferers are advised to see their healthcare provider.

Changes in the levels of estrogen and androgen are believed to be the cause of the condition. Some of the factors that trigger hormonal changes are low testosterone, radiation treatment, age, puberty, hypogonadism, and hyperthyroidism.

Turmeric is thought to be effective in helping to increase the levels of testosterone in men. Increased testosterone levels may help reduce the size of the breast. Turmeric is also a popular natural alternative for inflammation, swelling, and pain.

Turmeric may be an ideal addition to the diet of men with gynecomastia. This spice has been widely thought to offer a range of health benefits and is even a popular natural alternative among individuals who suffer from arthritis.

Many of the potentially therapeutic effects that turmeric is believed to offer come from its polyphenol called curcumin. This phytochemical has caught the interest of many of the world's renowned scientists and researchers due to the unique properties it contains.

Curcumin is believed to contain antibacterial, antioxidant, anti-inflammatory, antibacterial, antiviral, antiseptic, and antibiotic properties. Curcumin is currently available in supplement form.

Men with gynecomastia may want to consider utilizing curcumin supplements to potentially aid in their condition. Curcumin supplements come in varying ingredients and quality. Some of the most popular supplements do not only contain curcumin but also a potential bioavailability-enhancing natural ingredient called piperine.

Piperine is a black pepper extract that may increase the delivery of curcumin's unique properties inside the body. Many consumers think that curcumin supplements with piperine may have more capacity to deliver health benefits.

(<http://www.amazon.com/tumeric-with-black-pepper/dp/B0166KAW8M>)

About Incredipure

Incredipure is a small nutraceutical company specializing in herbal supplements. Manufactured in the United States following strict GMP guidelines, all products are made using only the highest quality ingredients from suppliers within the U.S.

Incredipure

1930 Village Center Circle

#3-9915

Las Vegas, NV 89134

United States

(702) 358-0144

media@incredipure.com

<http://www.Incredipure.com>

Source: <http://newswire.net/newsroom/pr/00094392-turmeric-may-be-a-potential-natural-alternative-for-breast-enlargement-in-men.html>