

# Turmeric Is Believed to Be a Natural Alternative for Hair Loss

Cathy Briggs December 16, 2016



Incredipure Turmeric Curcumin

**Curcumin contains a variety of unique substances that are believed to contain antibiotic, antiseptic, antiviral, antibacterial, anti-carcinogenic, antioxidant, and anti-inflammatory properties.**

([Newswire.net](http://Newswire.net) -- December 16, 2016) Las Vegas, NV -- The hair is considered by many as one of the most important parts of the body and they may spend a fortune just to take great care of their hair. There are natural ingredients thought to be helpful for individuals who are having issues with their hair.

Turmeric is believed to be a natural alternative for hair loss. Turmeric is an ancient spice that has been utilized for thousands of years to potentially fight a range of conditions.

This unique spice may be used for hair growth as well as for hair removal. It is thought that turmeric may even be useful for individuals who suffer from hair loss due to B-vitamin deficiency or an autoimmune condition called alopecia areata.

The doctors at the Aberdeen Royal Infirmary conducted scientific research involving participants with alopecia. They tried to test if aromatherapy may work to restore hair growth. Half of the participants were treated with a lotion with essential oils from rosemary, thyme, lavender, and sandalwood combined with jojoba and grapeseed oils.

It was found that the lotion was able to restore the hair of about half of the participants. Since then, other researchers tried turmeric essential oils in the treatment of alopecia areata. There were two successful cases and one achieved “peach fuzz” while the other was able to grow locks of hair.

It is believed that the essential oil tricks the immune system into believing that hair follicles have been destroyed, and thus, it may allow hair regrowth. It was also found that the technique may even work on bare skin. Individuals who want to remove unwanted hairs may also find turmeric useful.

There are techniques in taking the best advantage of turmeric’s potential hair benefits. One important thing to remember is that darker skin is more susceptible to permanent darkening caused by inflammation. When pigment cells produce a lot of melanin, it makes the skin darker.

Melanin is used by the skin to fight inflammation. When there is skin inflammation, the skin produces additional melanin to help combat inflammation. Thus, it is essential to avoid a burning sensation, especially for individuals with darker skin.

Turmeric has long been believed to offer a range of health benefits. Many of the potentially therapeutic effects it may offer come from its polyphenol called curcumin.

Curcumin contains a variety of unique substances that are believed to contain antibiotic, antiseptic, antiviral, antibacterial, anti-carcinogenic, antioxidant, and anti-inflammatory properties.

Individuals who want to take advantage of the potentially therapeutic effects of this polyphenol may want to consider utilizing curcumin supplements.

(<http://www.amazon.com/turmeric-curcumin-750/dp/B0166KAW8M>)

## About Incredipure

Incredipure is a small nutraceutical company specializing in herbal supplements. Manufactured in the United States following strict GMP guidelines, all products are made using only the highest quality ingredients from suppliers within the U.S.

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