Orthopedic surgeon, Douglas Abeles, discusses the benefits of using a primary care internal medicine doctor instead of a general practitioner.

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Castro Valley, CA -- According to a recent interview with Douglas Abeles, MD, primary care internal medicine doctors may be a better choice for adults for routine care than a general practitioner. While GPs are reliable choices for general medicine, they often have to rely on the opinions of internal medicine doctors to make complicated diagnoses. "Instead of going to a GP then being referred to an internist, many internal medicine doctors are now allowing patients to consider them as their primary care physicians, particularly adults who already have a medical history," notes Dr. Abeles.

The term "primary care" is used to describe a doctor who is the first line of defense for patients and whom they often see without a referral. Dr. Douglas Abeles, as seen at https://www.doximity.com/pub/douglas-abeles-md, has been practicing in Castro Valley, California, for more than 15 years as an orthopedic surgeon. "I provide adult patients with the utmost care and can often diagnose complicated situations." For more about his advice for the elderly, continue here.

Dr. Abeles says that he also works diligently to develop a trust relationship with each of his own patients. "My patients are with me for the long-term, so I want them to be able to be honest with me about their lifestyles and their symptoms. I am also very concerned that they trust me to provide them with the care they need to support them in good health and to treat any conditions they may face." To learn more about him, visit https://www.ratemds.com/doctor-ratings/314338/Dr-Douglas+J.-Abeles-Castro+Valley-CA.html.

About Dr. D. Abeles

Dr. Doug Abeles is a board certified physician with expertise in orthopedic procedures, spine surgery, and sports medicine. Upon completing fellowships at USC-Rancho Los Amigos and Georgetown University-Virginia Sports Medicine Institute in 1995, he went on to complete his residency at the New York Medical College -Brooklyn-Queens. Today, he operates a practice in Castro Valley, California where he continues to help patients overcome difficult medical scenarios.

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