Rheumatoid Arthritis Sufferers Have a Reduced Quality of Life

Melissa Scott January 17, 2017

Arthritis sufferers are getting help from the use of certain pharmaceutical drugs that are formulated to ease pain and inflammation. Glucosamine is a potentially safer alternative.

(\textit{Newswire.net} -- January 17, 2017) Orlando, FL -- Rheumatoid arthritis (RA) is just one of the arthritic conditions that impacts many people nowadays. It is often associated with its detrimental effects on the joints. Unfortunately, it causes more damage than what many people originally thought it could.

Rheumatoid arthritis may not only be damaging to the joints, but also to the skin, heart, and lungs. This arthritic condition commonly causes pain and swelling in the joints. Individuals who suffer from this systemic disease typically live a reduced quality of life due to pain and immobility.

In a study, the researchers monitored 609 individuals for several decades. They found that over 40% of the participants suffered from health issues in certain body areas other than the joints.

Statistics show that 25% of rheumatoid arthritis sufferers develop rheumatoid nodules, which are characterized by small bumps. These nodules are typically painless and require no treatment.

RA sufferers may also be more susceptible to thinning and bruising of the skin. They may also be prone to getting ridges in the nails as well as conditions such as the Raynaud’s phenomenon and Sjögren's syndrome.

According to statistics, 30-50% of RA sufferers suffer from pericarditis, which is a heart-related condition. This condition is characterized by inflammation in the pericardium, which is the covering around the heart. Some of the symptoms of this condition are breathing difficulties, chest pain, and fatigue.

The lungs may also be impacted when rheumatoid arthritis develops. It has been found that the condition may affect the pleura of the lungs. The pleura has two sheets of tissue in the chest that contain layers of fluid in between. Individuals who suffer from this condition usually experience too much fluid between the sheets and may need treatment.

According to E. William St. Clair, MD, a professor and rheumatoid arthritis expert at the Duke University School of Medicine in Durham, N.C., RA sufferers may be more likely to suffer from interstitial lung disease. This condition may cause scarring as well as swelling in the lungs, which may result in shortness of breath.

These are just some of the complications associated with rheumatoid arthritis. This condition causes pain and other symptoms, and this is why being at risk of these complications may add more burden to sufferers.

Arthritis sufferers are getting help from the use of certain pharmaceutical drugs that are formulated to ease pain and inflammation. There are also potentially safer alternatives, such as glucosamine.

Glucosamine is a popular all-natural joint health supplement.

(\url{http://www.amazon.com/vegetarian-glucosamine-msm/dp/B0126ZF0B0})

About Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at \url{http://www.DivineBounty.com}. 
Divine Bounty
12001 Research Parkway
Suite 236 A
Orlando, FL 32826
United States
(407) 545 7738
media@divinebounty.com
http://www.DivineBounty.com
Source: http://newswire.net/newsroom/pr/00094740-rheumatoid-arthritis-sufferers-have-a-reduced-quality-of-life.html