Osteoarthritis Could Potentially Increase Heart Disease Risk

Michelle O'Sullivan March 29, 2017

Curcumin is a bioactive ingredient found in turmeric. It is believed to be responsible for many of curcumin’s potential health benefits.

(Newswire.net -- March 29, 2017) Orlando, FL -- Osteoarthritis is the most common form of arthritis in the United States. This condition can cause a variety of negative life-changing symptoms, including pain. However, it seems that there are more dangers in having the condition.

Osteoarthritis could potentially increase heart disease risk. While it is osteoarthritis that causes pain, it is heart disease that places sufferers in a life-threatening situation.

According to the Canadian study published in The Arthritis Care and Research, adult individuals with knee or hip osteoarthritis may be more susceptible to cardiovascular disease. Women and older men with osteoarthritis may be more likely to be hospitalized than those who do not have the condition.

Due to pain and other unbearable symptoms associated with osteoarthritis, there are many who opt for a joint replacement surgery. Unfortunately, this surgery has been linked with the risk of heart disease.

M. Mushfiqur Rahman, PhD, University of British Columbia, rheumatoid arthritis and other autoimmune types of arthritis are linked with heightened risk of heart disease. However, little is known about the connection between osteoarthritis and heart disease.

According to Dr. Rahman, increased risk of heart disease among individuals with osteoarthritis may be due to certain factors, such as obesity, chronic inflammation, and the use of nonsteroidal anti-inflammatory drugs (NSAIDs).

There are many athletes and arthritis sufferers who turn to the use of NSAIDs. This type of medication has been widely believed to be extremely useful in providing pain relief as well as improving the mobility of sufferers.

While this type of pharmaceutical drug may be making the lives of arthritis sufferers easier and less painful, its effects are only temporary. Thus, when the pain-relieving effects wear away, sufferers need to take the medications again.

A factor that may make the use of these medications disadvantageous is the risk of certain side effects. The risk of these side effects is even believed to increase when the medications are used on a long-term basis or frequently.

Heart disease may be a potential side effect of these pharmaceutical drugs. Arthritis alone is already a painful and troublesome condition. It can be extremely difficult for arthritis sufferers to suffer from an additional condition.

Through utilizing curcumin supplements, arthritis sufferers may potentially avoid the use of NSAIDs. Curcumin has been believed to be an excellent alternative to certain pain medications due to the fact that it is not linked with side effects.

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(http://www.amazon.com/tumeric-curcumin-with-piperine/dp/B00JA4TLTI)

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