

Turmeric And Curcumin Potentially Have Multiple Ways Of Combating Hair Loss

Cathy Briggs April 21, 2017



Incredipure Turmeric Curcumin

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(Newswire.net -- April 21, 2017) Las Vegas, NV -- Hair loss is one of the problems that affects many people today. While there are commercially-available products available for hair loss, there are also natural remedies believed to help sufferers.

Turmeric and curcumin potentially have multiple ways of combating hair loss.

Turmeric is an ancient, medicinal spice used for thousands of years for cooking and medicinal purposes. It contains a bioactive agent called curcumin, which has many therapeutic properties.

According to research, turmeric could decrease stress linked with thinning hair loss, which also contributes to the worsening of thinning loss.

In lab studies, it was found that whole turmeric extracts have successfully inhibited type II 5 α -reductase enzymes. This enzyme takes care of converting testosterone to dihydrotestosterone (DHT), which is a hormone that caused the androgenetic type of hair loss.

In one study, it was revealed that every gram of whole crude turmeric extract possesses as much enzyme blocking power as a certain pharmaceutical drug. This medication is used to prevent further hair loss as well as promote hair regrowth.

One of the best things about the use of turmeric and curcumin is that these natural ingredients have a reputable safety record. They also do not cause the side effects linked with the hair loss pharmaceutical drug.

The curcumin in turmeric contains a variety of healing ingredients, such as its anti-inflammatory, antioxidant, antibacterial, antiseptic, antiviral, antibiotic, and anticarcinogenic properties.

The antioxidants and anti-inflammatories of turmeric are thought to aid in the resolution of underlying conditions that cause seborrheic dermatitis and other hair loss problems.

It is important to note that seborrheic dermatitis, which is an inflammatory, scaly scalp condition, can result in permanent and temporary types of hair loss.

It is also believed that curcumin could help counteract certain triggers of seborrheic dermatitis, such as Parkinson's disease and stress.

There are many consumers who use turmeric powder in preparing a variety of dishes and beverages. This spice has a yellow orange color and pungent taste. While the therapeutic effects of curcumin could be obtained by incorporating turmeric in one's diet. There are many who prefer to use supplements.

Supplements contain high concentrations of curcumin and its therapeutic properties. Thus, they are believed to offer more health benefits.

Individuals who want to fight hair loss may use curcumin supplements. In addition to potentially getting hair-health benefits, consumers can also take advantage of many disease-fighting abilities of the phytochemical.

One of the best curcumin supplements contain black pepper extract, which is a bioavailability-enhancing ingredient (www.amazon.com/Turmeric-Curcumin-Supplement-BioPerine-Capsule/dp/B0166KAW8M).

About Incredipure

Incredipure is a small nutraceutical company specializing in herbal supplements. Manufactured in the United States

following strict GMP guidelines, all products are made using only the highest quality ingredients from suppliers within the U.S.

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